

Fitness resources at Telstar improved by grant

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The Bethel Citizen

Vol. CXIX - No. 18

Thursday, May 1, 2014

75¢ a Copy

Serving Bethel and neighboring communities in the mountains of western Maine

Six months of Andro bridge work in 2015

By ALISON ALOISIO

A repair project planned for the Route 2 bridge over the Androscoggin in Bethel next year could require alternating one-way traffic on the bridge for six months.

Maine Department of Transportation engineers presented preliminary information on the project last week at a public hearing in Bethel.

The bridge, built in 1968, needs its concrete decking replaced and has rust and corrosion problems underneath, according to engineer Garrett Gustafson. In addition, 'scouring' of the river bed around the support piers will require placement of rip rap or concrete/cable mats around them for stabilization.

Gustafson said the project

would start in late March of 2015 and conclude in late October or early November. The current cost estimate is \$3.5 million.

There are two options for traffic control during the work period: alternating one-way traffic, or a temporary bridge placed just upstream of the existing bridge.

Gustafson said the traffic volume on the road is 8,700 vehicles a day. "That's a very high volume," he said. "It's at the upper end of the bracket of what we would allow for one-way traffic."

If that option is chosen, a traffic light would be placed at either end of the bridge. Each light would be set to allow vehicles to pass through one way for about three minutes before changing to red. A temporary bridge would

cost MDOT between \$800,000 and \$1 million. "It's a really expensive six-month cost," Gustafson said.

The plan also calls for putting a new rail on the bridge, which would widen the three-foot shoulder slightly. The travel lanes are each 12 feet wide.

Citizen input

Three Bethel residents, two of whom live near to the bridge, attended the hearing.

One noted that many cyclists and joggers currently ride across the highway bridge instead of using the adjacent recreational bridge.

Stan Howe, chairman of the Board of Selectmen, wondered if a better connection between the ends of the

See BRIDGE, Page 4

Newry may take new look at building permit threshold

By ALISON ALOISIO

A new topic has been added to Newry's public informational meeting scheduled for May 19 on school funding: whether to again change the monetary threshold for requiring a building permit.

The move followed a discussion at the selectmen's meeting Tuesday on whether selectmen should be reporting new construction to the town's assessing agent, Bob Gingras.

Gingras had told selectmen at their April 15 meeting that since an increase a couple of years ago in the threshold above which a permit is required for home remodeling or repair projects, the town has been losing tax money because improvements to some properties are going undetected.

A permit is currently required for projects that exceed a value of \$25,000. The threshold before the ordinance changed was \$1,000.

Without the written permit record of improvements, Gingras said, he is now usually unaware of properties that have increased their overall value and therefore he cannot adjust them for tax purposes.

Gingras said assessing agents are required to assess all construction, regardless of the town's permit ordinance. He said in towns that have no permit process at all

See NEWRY, Page 4

Don Katlin came to visit, and stayed to make a life

By AMY CHAPMAN

When Donnie Katlin hitched a ride to Bethel with a friend in the summer of 1973, he didn't expect to stay long. He planned to spend the weekend, then move on.

More than four decades later, he is still here, woven tightly into the fabric of the community through his family and friends, his music and art, and his long tenure at the Bethel Water District.

A native of Kansas City, Katlin was twenty years old when he and a group

of friends hitchhiked from Missouri to a music festival in Amherst, Massachusetts. There, he ran into Jim Austin, whom he had met back in Kansas City. Austin, a Gould Academy alumnus, was headed to Bethel to see friends.

"Jim said, 'Why don't you guys come up to Bethel, Maine? You can spend the weekend, and hitchhike back from there.' So we came up," Katlin said.

"There were eleven of us," he recalled. "Some were in a plane, a little Cessna, and the rest of us were in a '50 Chevy. The ones in the

plane had to land at some airport on the way because of bad weather, so we actually beat them here."

"We needed a place to stay, and Jim knew some Gould graduates who were caretaking a big two-story stone house in Evans Notch, so we all went there. We got there in the middle of the night, and I woke up the next morning and walked outside, and I thought Grizzly Adams was going to come walking out of the woods."

The stone house where they stayed was used as a

See KATLIN, Page 3



Donnie Katlin talks with Bethel Water District bookkeeper Carolyn Colby at the BWD office. A. Chapman



POLAR PLUNGE FOR PROJECT GRAD-Six brave ladies took to the icy waters of Songo Pond Saturday as a fundraiser for the Telstar High School Class of 2014. The quick dip - with air temp 40 and ice still at the other end of the pond - earned more than \$700 for the graduation night celebration, which will include dinner at Pizza Hut, a visit to Seacoast Fun Park, bowling and watching the sunrise at Pine Point in Scarborough. For a photo of the shivering seniors after their plunge, see Page 3. Anyone wishing to make a contribution to Project Grad may do so at the THS office. A. Aloisio

SAD 44 budget: local share to rise

By AMY CHAPMAN

Taxpayers in the five towns that make up SAD 44 can expect increases of about five percent in the local share of the district budget for the 2014-2015 school year, board members were told Monday.

The preliminary budget of \$10,464,225 reflects an increase of just 1.86 percent, said Finance Committee member Stacey Sandvoss of Greenwood. However, because state aid for education for the next fiscal year is expected to drop to \$579,043, a decrease of nearly 27 per-

cent from last year, more of the costs for education will be borne locally.

Tuition revenue is also expected to decrease, due to an anticipated decline in the number of students residing in unorganized territories and attending SAD 44 schools.

Superintendent David Murphy said it was important to realize that the \$193,000 increase in the budget was not the result of "just adding things. Instead, there was a lot of reducing certain lines and building other lines, based on either requests or determined needs of

the district."

The last payment on the district's debt for the addition to Crescent Park School was made during the current budget year, but Murphy said next year's budget includes \$122,000 for principal and interest on the loan for the Telstar energy improvement project. Of that amount, \$55,000 will be offset by a rebate from the QSCB (Qualified School Construction Bond) program.

The budget also includes funding for a single po-

See SAD 44, Page 3

Bethel Methodist Church room becomes a local yoga center

By LINDA HOWE

The Bethel United Methodist Church has become a bit of a yoga 'mecca' in recent years, as three of the nine certified yoga teachers in the Bethel area hold classes in its Annex Room.

The room had gone unused in recent years, so as a way to bring it back to life and reach out to the community, the church invited the yoga instructors to use it. A total of about 40 people come for classes each week.

The teachers each bring their own flavor of yoga to their classes.

Kristin Otten teaches a power vinyasa flow on Monday evenings and Thursday mornings. Her classes are set to energizing music, wherein students are enabled to connect mind and body through breath, tap into their core being, and awaken their authentic power.

Kristin is from Denver, Colo. and has been active in sports and wellness throughout her life. She

played Division III field hockey and lacrosse in college and was a member of three NCAA championship-winning teams.

Later, Kristin discovered and fell in love with power yoga, which provides a great physical challenge, yet also nourishes, mind, body, and spirit. In 2005, Kristin achieved her 200-hour teacher training certification through CorePower YOGA, a Baron Baptiste inspired enterprise. Kristin has taught all levels of yoga for over eight years.

Kristin can be emailed at everybodyyogaofmaine@gmail.com.

Tuesday and Thursday Christine Liberti teaches two classes in the Annex. Christine has been a student of yoga for over 25 years and a certified yoga teacher since 2009. Her 200-hour certification was with YogaSpirit Studios in Hamilton, Mass.

At YogaSpirit Studios the focus was on form and alignment as well as link-

ing movement with breath that is an Iyengar-based practice. Christine's goal is to share the benefits yoga has to offer to strengthen the mind, the body and the spirit. She can be reached at ciliberti@aol.com.

Friday mornings finds Wendy Youmans offering a weekly yoga class. Wendy has been teaching yoga for over 10 years and has been a certified Kripalu Yoga Instructor since 2007. The Friday 8 a.m. moderate/advanced yoga

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The
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Letters

MORTON LAUNCHES WEBSITE

To the Editor:

To the citizens of Newry: Instead of a prolonged debate in this "Letters to the Editor" column, I have decided to provide the facts and let you decide the truth. Please visit <http://bearrivrrunner.info/> and let's start the conversation.

The following is the mission statement for my website: This website is dedicated to the citizens I represent as an elected official. The taxpayers whose property we assess to raise the taxes that are needed, and all others interested in the workings of Town of Newry, Maine.

From my perspective I have the right and responsibility to inform and to stay informed.

The topics I will be discussing will be issues I face that concern me as it relates to our local home town government: how it works, how it affects us.

I will be posting information in the form of documents, tapes, pictures and blogs to inform visitors on various issues that are currently before the town.

In my two-year tenure as an elected official I have come to realize that my perceptions of what this duty is supposed to involve does not match the reality of how others think how I am supposed to act.

I want to hear from you, the citizen, the taxpayer, that person that our local government most directly affects.

You, the citizens, are who I get my marching orders from. It is my hope that this may be a means of finding out directly what you want me to do. Message me or give me a call at 207-824-2679 or bearrvr@megalink.net.

The opinions and information are provided and authorized by the author A.B. Morton, and is not the official opinion of the Town of Newry. The documents that I post are not the town's certified copies.

As the author I take full responsibility for this content acting only on the authority of a common citizen exercising his inalienable and indefeasible rights to Life, Liberty, and the pursuit of Happiness.

No taxpayer funds were used in the production and maintenance of this site.

In your service,

Citizen Brooks Morton
Newry

IN PRAISE OF STICKNEY

To the Editor:

I am writing in praise of the letter that Brenda Stickney wrote last week. I can't add anything to it that will make it better but I wanted to get a letter of support for it in because I'm pretty confident that the usual suspects will write in and take her to task. From what I can understand, Brenda is an artist who lives off the grid in the woods of Andover. Hardly the typical, greedy conservative, interested in only their own gain and filled with hate and contempt for the poor and oppressed, the label that too many of the contributors to the "letters to the editor" love to put on those of us who call ourselves conservatives.

Good for Brenda Stickney and it will be interesting to see how the "sensitive and caring people" in town will try to tear her down.

Well done Brenda.

Harry Faulkner
Bethel

MAHOOSUC BAND STARTS SEASON

To the Editor:

After a long winter, signs of spring are emerging. The ice is out in places, some of the water birds are back, and daffodils are peeking around the remaining snow piles. The days are longer and people's moods have improved.

And, another sign of spring... the Mahoosuc Community Band is ready for its spring concert. All are invited Sunday afternoon, May 4, for an afternoon of fun music at 4 p.m. at the West Parish Congregational Church in Bethel.

Patricia Boyle-Wight is the director. The band members are all musicians that just play music because it's fun. The band rehearses Monday nights at 7 p.m. at the Congregational Church basement. New members are always welcome. We specifically encourage young musicians for the summer who want to keep on playing when the school year is over. For more information contact our president, Brian Dunham at velvet_hollow_sugar_hollow@yahoo.com or our director, Patricia Boyle-Wight at pboylewight@ants.edu.

Come Sunday afternoon, hear the music and support your local community band. Refreshments will be served following the concert.

Thank you for your ongoing support.

Jane Chandler
Bryant Pond

CORRECTION

ALL FOR STORAGE- A caption with last week's photo of the Bethel Historical Society's Mary Valentine Wing should have said the entire wing is for collections storage.

The Bethel Citizen

PO Box 109 • Bethel, ME 04217 • 207-824-2444 • 800-9BC-NEWS

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Periodical class postage paid at Bethel, ME 04217 and additional entry offices by The Bethel Citizen, a division of Sun Media Group. (USPS 416-380) (ISSN 1095-5968). Published Thursdays at Bethel, ME 04217. Post Master send address changes to: The Bethel Citizen, PO Box 109, Bethel, ME 04217-0109.

The Bethel Citizen is the weekly newspaper serving central Oxford County Maine. Subscriptions: \$37.62 for 57 weeks in Oxford County; \$46.74 elsewhere in New England; \$50.73 a year elsewhere in the U.S. (Foreign postage if necessary, extra). Single copies 75¢, copies more than 3 months old, one dollar each.

Deadline for town, club and organizational news items is Monday at 4 p.m. Advertising deadlines: Real Estate and half page ads or larger: Friday, Noon. Display and Classified ads: Monday at 4 p.m.

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MAY IS LYME DISEASE AWARENESS MONTH

To the Editor:

May is here, and within this spring month we get Mother's Day, Memorial Day, fun occasions that we are excited to celebrate. But, did you know May is also Lyme Disease Awareness Month? It may not make you as excited as a Memorial Day cookout or a lovely brunch with your mom, but it is something you should be aware of, especially since you live in Maine where Lyme disease is prevalent!

In fact, Maine has the second highest per capita rate for Lyme disease in the country and our neighboring state, New Hampshire has the highest! Maine's Center for Disease Control reported over 1,300 NEW cases last year and acknowledged that the actual number may be ten times that!

In Maine, it's deer ticks (also known as black-legged ticks) that people generally worry about as they can transmit Lyme Disease. Young deer ticks, called nymphs, are about the size of poppy seeds, adult deer ticks are about the size of sesame seeds and an engorged tick, or one that's full of blood, varies in size and can grow to about the size of a raisin. They can't fly or jump, so they wait for their next meal in a position known as "questing." Clinging to vegetation with their back legs, ticks hold their front legs outstretched and wait for an animal or person to walk by. They are usually picked up on the lower leg and tend to crawl up the body looking for a place to attach and feed.

It is important to note that experts have found deer ticks in every county of the state and they recently discovered that they can survive harshly cold winters. Any time the temperature rises above freezing hibernating deer ticks become active. And now that spring has arrived they are out in full force!

The best defense against Lyme disease is prevention! Before gardening, fishing, camping, hiking, or just being outdoors, make tick bite avoidance part of your outdoor plans. Here are some helpful tips:

Always apply a tick-repellent containing at least 30 percent DEET solution, which has been deemed safe for children over the age of 2 months by The American Academy of Pediatrics. (Natural products can be used but are not as effective.)

You may want to pre-treat your clothing with an application of 5 percent permethrin spray, like Sawyer Premium Permethrin Clothing Insect Repellent, that can last up to six weeks and through several washing cycles.

When in more "tick dangerous areas" like deep wooded areas, leaf litter, and tall grasses, wear light colored clothing to make spotting ticks easier, wear long pants and sleeves and tuck your pants into your socks.

And most importantly, do DAILY TICK CHECKS! Be sure to check yourself, your children and your pets after spending time outdoors. And don't just look, feel - use the sensitivity of your fingertips to feel for small bumps.

If you do find a tick attached to your skin DO NOT PANIC. Remove the tick using fine pointed tweezers; grasp the tick as close as possible to your skin. Pull straight out with a steady motion. A tick's mouth part is barbed like a fish-hook so may take several minutes of applying steady pressure for the tick to let go. Once you have removed the tick, clean the area well and apply antiseptic.

Avoid folklore remedies such as "painting" the tick with nail polish or Vaseline or using heat to make the tick detach from the skin as these strategies will annoy the tick and cause it to regurgitate the bacteria from its gut into your bloodstream increasing your chances of infection.

Identify and save the tick, look at it under a magnifying glass and examine the shield and body for markings... the deer tick will have no white markings. If it's a deer tick, and engorged, contact your physician for treatment.

Draw a circle around the attachment area. If you develop a widening rash, "bull's eye," around the attachment area, contact your physician for treatment. (A known tick bite with a classic "bull's eye" rash is the clinical diagnosis for acute Lyme disease.)

Fewer than 50 percent of people with Lyme disease develop a rash so be certain to mark the date of the tick attachment on your calendar and watch for any symptoms (flu-like sickness, skin rashes, fatigue, fever, chills, headache, stiff neck and pain and swelling in the muscles and joints) for at least the next 2 or 3 months. If you develop any of these symptoms, contact your physician for treatment. If left untreated, or inadequately treated, it may cause long-term, persistent illness that can affect many systems of the body.

Any time you seek treatment for a known tick bite, be sure to tell your physician about your tick attachment, when the bite occurred and if possible, bring the tick with you.

For more information visit the following websites: Mainly Ticks at www.maine-lytics.com, Maine Center for Disease Control and Prevention at www.maine.gov/dhhs/mecdc or International Lyme and Associated Diseases Society at www.ilads.org.

Don't let ticks scare you away from enjoying outside activities just be aware that deer ticks are out all year round and take precautions every time you go outside.

Rhonda Bunker
Newry

THE DIS-INFORMATION MACHINE

To the Editor:

I was sad to read last week's "Removed From Reality" letter because it was written by someone I know and highly regard as an earnest, hard-working citizen. I offer my thanks, however, as the letter provides great examples of and opportunities to point out a lethal pathology within our body politic, which I call the "Dis-Information Machine" or "DIM" for short.

DIM is comprised of not established, credible, thinkers and scientists working for We the People. Instead DIM employs obscenely well paid "experts" operating in a fact-free environment, generating confusion, distraction and coercion in the service of corrupt special interests. (Koch Bros, fossil fuels, big agriculture, etc., etc.)

For those unafraid to look, the evidence of DIM is everywhere in our pop media but especially where the stakes are the highest for big money special interests. DIM serves those interests by cloaking our most critically important issues with myth, rumor and blatant lies.

DIM attacks the best most competent thinkers on Planet Earth while holding up would-be "experts" of dubious distinction as credible counterpoint. The "Ryan Budget" attacks on women's health and Climate Science are glaring examples of applied ignorance and incompetence. Our history proves DIM economics and world view to be fatally flawed and that causes DIM addicts to become shriller and to cling more tightly to the party line. As they embarrass themselves regularly - sometimes spectacularly in our pop media, the "Dis-Information Machine" is there to prop them up with a fresh splash of cash and a fresh-baked batch of toxic blather.

From any angle it's abundantly clear that "we are what we consume" and that applies especially to our sources of news and information. The "Removed..." letter above and others of that ilk reveal sincerely concerned citizens being horribly misled by the richly endowed Dis-Information Machine. Thus equipped and with pumped up emotions and misled allegiances, they act against their own best interests - and ours.

I believe our best scientists and thinkers when they say we are fast running out of time to save ourselves from devastation, largely at our own hands. It's apparent that we have lapsed in our obligations as "an informed citizenry." We've allowed the creeping death of corporatism to invade our body politic and media - AGAIN! The last time that happened we revolted against the East India Company and the Crown, who were the wealthy corporatists of the day.

Though much beleaguered, we are much better equipped now to overthrow corporatist overreach thanks to the brilliant work of our Founders in our Declaration, Bill Of Rights and Constitution. We have (perhaps) just this decade to wake to the threat, take up those vital tools and reclaim our destiny. A huge number of Americans and organizations, including some of our politicians, know that's possible and are beginning to act. We must unite and equip ourselves with the very best information and wisdom we can muster. Our cause is right and it is just, but we are fast running out of time, citizens.

Seabury and Sharon Lyon
Bethel

DON'T FEED THE BEARS

To the Editor:

I am writing to remind folks to please take birdfeeders in at night during the next two months (May and June). Black bears have recently emerged from hibernation; their initially sluggish digestive systems are returning to normal and they are hungry!

This year because of a very late spring the tender green shoots that bears normally feast upon are not yet available possibly making them even more likely to forage for food in backyards.

Most of us know that birdseed/birdfeeders and any unsecured garbage will attract these animals. Please help our black bears by not creating a "complaint" situation. Too often we forget that normally reclusive black bears are usually driven out of the surrounding forests by hunger, or because they are searching for new territories to inhabit.

Sara Wright
Bryant Pond

Our Back Pages

By Danna Brown Nickerson

10 years ago: The March of Dimes WalkAmerica at Bethel drew 55 to 60 participants and raised over \$8,000.

The BIG Adventure Center hosted a USAA indoor climbing competition for people ages 8 to 19.

Births: Andrew Oscar Scott Leighton, Nicholas Alan Bancroft, Estella Elissa Inman, Tanner William Howard, Liam Hunter Dailey, Trenton Albert Swallow, Caleb James Morang.

Deaths: Robert Eichel, Charles J. Jaros, Jr., George Harry Damon.

20 years ago: Fifty-six people turned out for a workshop on backyard composting at Telstar High School.

The Gould Academy maintenance crew worked with Advanced Electric, Inc. installing housing for fiber optic cables to connect each dormitory to the main school computer network.

Births: Nicholas Ryan Mason, Nathaniel Dombek Murphy.

Deaths: Henry J. Dombkowski, Annie E. Garey, J. Russell Field, H. Clyde Thomas, Ellen May Ferguson.

30 years ago: Mrs. McCluskey's first graders at EBS presented three Reading Theater plays, "Chicken Forgets," "The Blue Forest," and "The King's New Pet."

Former Bethelite, Raymond J. York, Fayetteville, N.C., was appointed a Magistrate of the District Court of North Carolina for Cumberland County.

Birth: Karissa Lynn Merrill.

Deaths: Mrs. Edna B. Bean, Richard S. Holt, Lewis A. Glover.

40 years ago: A day-long light duty rescue course was conducted by a Maine Bureau of Civil Emergency Preparedness team at the Bethel Fire Station.

The Telstar Music Department was given a check for \$106.36 from Earl Davis, treasurer of the Bethel Town Band to purchase a new concert snare drum.

Death: George Logan.

50 years ago: A blood typing clinic was held at the Legion Rooms.

Mr. and Mrs. William Von Zintl and Mrs. Garey York went to Boston to attend the Hotel and Restaurant Show.

The New Yorker motel, restaurant, and coffee shop opened May 1.

Births: Melody Sue Lawson, Michael Sean Houlihan.

Death: Mrs. Lena Ellingwood.

60 years ago: The Van Telephone & Telegraph Company was authorized by the Public Utilities Commission to issue \$25,000 in capital stock in anticipation of converting to the dial system.

James L. Brown was offering pansy plants at 50¢ a dozen.

Birth: Pauline Judkins.

Death: George Maynard Chase.

70 years ago: Guy Bartlett, President of the Oxford County Farm Bureau, was appointed head of the Advisory Committee, the duty of which was to step up food production.

T-5 Laurence Bartlett was stationed in India.

80 years ago: Mr. and Mrs. Earle Williamson and family moved to Sunday River.

Mr. and Mrs. Henry Flint purchased the Levi Bartlett place on Chapman Street.

Deaths: Celden Foster, Mrs. Columbia D. Dunham, Elisha M. Emery.

90 years ago: Thomas Kennagh went to Denver, Colo. to visit a brother.

100 years ago: John Lord of Rumford was drowned while driving logs on Sunday River.

Levi Brown and family moved to the Dana Philbrook house on the Locke's Mills road.

Death: Harry E. Plaisted.

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KATLIN

Continued from page 1

hunting and fishing camp by members of the family that owned the Saunders Brothers mill in Westbrook.

"We stayed there for about a week, and then one night we were cooking a big pot of spaghetti on the woodstove when the son of the owners came driving in and said, 'You guys all need to leave; my father and his buddies are on their way up here.' So we took the pot of spaghetti and put it in the trunk of the car, and we all jumped in the car and came into Bethel."

The group's next stop was Jim Mann's farmhouse in East Bethel, where they all stayed "for a while," Katlin said. "As time went on, people started leaving, but I really didn't want to leave. It was July, and after swimming in some of the swimming holes around here—Frenchman's and Letter S—I didn't want to go. I wasn't working or anything at the time, so I just stayed."

"I ended up finding work here and there. I'd go to the Bethel Spa and hang out, and somebody would hire me for a day or two, or a week or two, and that's all I needed. I wasn't paying rent out at Jim's—I was the cook, and the gardener."

Over the next few years, Katlin continued to patch together seasonal jobs, working for local contractors in the summer and at Sunday River for two winters. He moved into town, living in a succession of rented apartments.

"I lived in almost every rent in town," he said, noting that former town clerk Merton Brown once called him to ask, "We're doing a survey on what rents are like in Bethel...what have you got to say?"

Bethel Water District
In the 1970s, the federal Comprehensive Employment and Training Act (CETA) funded several municipal positions in Bethel, paying the employees' wages for a year while they obtained job skills.

In 1977, Katlin said, "I was in the Bethel Spa one day, and I ran into Dave Myers [then supervisor of the Bethel Water District]. He said, 'Are you mechanically inclined?' and I said, 'A little bit.'"

Myers told him there was an opening for a CETA employee at the water district. "CETA was for municipalities and quasi-municipalities," Katlin said. "So the federal government paid the water district, reimbursed them for my salary." "There were a lot of people

who got their start working for Bethel under that program. Nesta Littlefield, Robbie Gundersen, David Bartlett—they all started out working for the town in the CETA program. It was a great program—what they invested, and what they got back from it."

After the job with the water district ended, he went back to Kansas City to visit his family, but when Myers passed away, Katlin said, "They called me and said, 'We lost our superintendent. Do you want a job?' and I came right back."

He filled in as interim superintendent while earning his credentials over the next few months, and continued to work for the water district after a new superintendent was hired.

In 1982, Katlin was appointed superintendent of the water district, but he didn't find the top position much to his liking.

"After a few years, I really didn't want to be the superintendent anymore," he said, citing "paperwork and bureaucracy."

"I asked to be demoted," he added, chuckling. "We kept losing our employees, and finally I just said, 'Hire a superintendent, and let me be the guy who fixes stuff.' And that's worked out pretty good."

Now officially the assistant superintendent, Katlin joked that, after more than 36 years with the water district, the real title of his current position is "the old guy."

"I think I'm the longest-running employee the district has ever had," he said, leafing through a handwritten history of the Bethel Water District that he keeps in a notebook on his desk. "I've been through eight town managers, seventeen selectmen, and thirteen water district trustees."

As for a typical work day, Katlin said there is no such thing. "It's like a fire department," he said, with a different set of tasks and problems to solve each day. "That's the only reason I've lasted this long, is that it's not repetitive work. It's very diversified."

Music, art, and family
In high school, Katlin said, "Music and art were always easier for me than a lot of other things."

He grew up in a household where music was important. "My family played—my mother and my grandmother and my aunts. I started playing guitar when

I was about 15; we had those little garage bands."

He took art classes and enrolled in the Kansas City Art Institute after graduation. "I went there for a few weeks, and then I quit," he said. "After that, I started working there, in the mailroom, because if you worked at the school, you could sit in on any class you wanted." Since the school wasn't accredited, he said he didn't see the sense in paying for classes when he could work there and take them for free.

After a while, though, he was bitten by the travel bug. He hitchhiked south and west, visiting California and Texas. "But I'd never even been as far east as St. Louis until I came up here to Maine," he said.

Besides his work for the water district, Katlin found that music and art gave him two more reasons to stay in the Bethel area.

"Music is my favorite hobby. That's another reason I stayed; I met so many musicians. Sammy Chapman was one of the first people I met, and Rolly York. Jewel [Clark] came later, but now Jewel and I are sort of inseparable," he said, referring to the duo's decades-long musical partnership.

He was also able to put his artistic skills to use, starting a sideline as a sign-maker, a business he continues to run today.

"That's my other night job," he said. "I don't advertise anymore. So many people know I do it that I get just the right amount of work without advertising. I'm sort of a reluctant sign-painter. But working was never paying all the bills, or if it was, there was nothing left over, so for me, it's been a great way to make a little extra money."

After a few years in town, Katlin met his wife Martha, who grew up in Mexico, Maine. "We've been married about 33 years," he said, adding, "I'm terrible with dates."

They have two grown sons, Nicholas and Eben. "We're lucky; they both live in the area," said Katlin, so he and Martha get to see their four grandchildren—"three boys and one princess"—frequently. "We're having a sleepover this weekend," he said.

A health crisis and a new lease on life

In 2011, out of the blue, Katlin suffered a massive heart attack.

"That was a shock," he said. "I had had some symp-

toms, but only that week, and I thought I had a chest infection or something. They call it a widow-maker, I guess."

It happened on a weekend, when Katlin was at Emerson and Loretta Merrill's house. "I was there helping Emmie, and it just came on," he said. "Poor Loretta...you always feel guilty having a heart attack at somebody else's house."

Despite the seriousness of his cardiac event, when asked about it, Katlin's first reaction is to point to the positive aspects of that close call, especially the way it reinforced his sense of community and belonging, from the moment of the 911 call and throughout his recovery.

"When Loretta called 911, the dispatcher was Terri Littlehale. Terri said, 'Put him on the phone,' and then she said, 'Donnie, how do you feel?' I said, 'My chest hurts, and both arms hurt; I'm having a heart attack.'"

"Then when the ambulance got there, the attendants were my neighbor, Jeanne Boelsma, and Dave Pratt, and I knew the driver, too. So I knew everybody, which was nice."

Several months after his heart attack, a group of local singer-songwriters organized a benefit concert to help with Katlin's uncovered medical expenses, and, even more important, to show how much he is valued as a part of the community.

Another positive outcome: Katlin's eight-day hospital stay gave him plenty of time to reevaluate his lifestyle and commit to some healthy changes.

"It got me over the hump of quitting smoking," he said. "I smoked like a chimney, a couple of packs a day at least. But no more. Now I eat healthy, and I walk every day at lunch, go to the gym."

Because of the damage caused by the heart attack, he has an implanted pacemaker and defibrillator, but says he feels great. "All my tests are good; I have really low cholesterol."

Thanks to the quick response and ongoing support of family, friends, and neighbors; state-of-the-art medical treatment; and a commitment to a healthy lifestyle, Katlin looks forward to many more years of picking his guitar, painting signs, playing with his grandkids, and serving the water district as "the old guy who fixes stuff."



WARMING UP—After their dip in Songo Pond Saturday morning (see front page photo) this group of THS seniors and one mom wrapped themselves in towels outside the Bethel Inn Lakehouse. Pictured are, from left: Dakota Verrill, Mariha Morin, Kayla Verrill, Anna Saucier, Kitty Coolidge, and in back, mom Regina Saucier. A. Aloisio

SAD 44

Continued from page 1

sition to replace the district's current part-time arrangements for special education and curriculum services. Murphy said he had received notice that both the district's special education consultant, Marcy Gray, and Curriculum Director Lee Graham, who have provided services to the district on an hourly basis for the past several years, will be retiring at the end of the current year.

"We recognize that we can't hire two different [full-time] people for the two different positions," Murphy said. "We hope to find someone with the special education background who also has experience working with curriculum."

In response to a request made at the March 31 board meeting by Aranka Matolcsy, executive director of the Mahosuc Arts Council, the preliminary budget increases funding to MAC by 25 percent, from the current level of \$6000, where it has stood for past 15 years, to \$7500.

Murphy reiterated a point made at the March 31 meeting, reminding the board that since the 2008-2009 school year, the district has lost approximately \$2 million in annual state aid for education.

"There has been a lot of effort made to try to keep the impact as minimal as possible," he said. Murphy said he will

meet with town managers of the district towns this week to go over the preliminary budget figures and address their questions. The board will discuss the budget in more detail at their May 5 and May 12 meetings, after which an informational flyer will be mailed to all district residents prior to the date of the district-wide public budget meeting, currently anticipated to be May 27.

In other business, the board approved the calendar for the 2014-2015 school year. The first day of school for students will be August 27, with the final day of the school year scheduled for June 18, if five storm days are used.

The calendar includes 175 student instructional days and six district-wide workshop days, as well as one additional workshop day to be determined by the individual schools.

The board also approved the senior class field trip to Canobie Lake Park in Salem, N.H., scheduled for June 4, 2014. Telstar High School Principal Dan Hart said the cost of the trip will be covered by fundraising done by the class, as well as a small grant from Project Opportunity.

Murphy informed the board that he had received the resignation of Telstar Middle School Guidance Counselor Joe Bailey; the position will be advertised.

PUBLIC HEARING

Pursuant to Title 28 M.R.S.A. 252 -- a notice is hereby given that a Public Hearing will be held on May 12, 2014 at the Bethel Town Office to consider a Liquor License renewal and Entertainment Permit renewal from The Sudbury Inn, located at 151 Main St. Public comment will be heard at that time. Prior to the hearing, a date written comment may be issued to the Bethel Town Office or email at info@bethelmaine.org
Christen Mason
Town Clerk

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NEWRY

Continued from page 1

"the assessors [selectmen] go out and drive their third of the town and they make notes of every single new piece of wood that's out there," and then they turn the information over to him. He also said contractors would be aware of projects and might be a source of information.

But at this week's board meeting, Selectman Brooks Morton, an independent contractor himself, took exception to using that approach in Newry.

"I'm not going to squeal on people building. We have an ordinance set at \$25,000," said Morton. He said if townspeople think Newry is losing money, "we should change the ordinance."

Morton said that while selectmen have the final say, "we pay [Gingras] to do our assessing."

Chairman Wendy Hanscom asked Morton, "If my neighbor put on a \$24,000 addition, I shouldn't say anything about that?" "You can do whatever you want," replied Morton, "But I am not going to rat out my neighbors because they're building something. To me that isn't what society is about."

Hanscom said in past years, before the town hired an assessing agent, the board reviewed building permits and then went out to assess new construction. "But if we noticed anything else, we would certainly look at that as well," she said.

"I was told that we don't do that any more," Morton said. "We hire an agent to do that. If we want to get back into doing assessment work, we'll divide the town and we'll go knock on doors and ask

questions."

Hanscom said she simply wanted to discuss possible options for picking up tax funds from the new construction.

Town Administrator Loretta Powers said that Gingras does not go to every house looking for construction.

But Morton wondered, "How poor are we that we need to go and get every last dollar?"

Replied Hanscom, "I don't think it's about being poor in particular. I think it's about being fair."

Morton said he understood that, but the ordinance had been passed. He said he would suggest taking the question of the permit threshold back to the voters.

Hanscom agreed, noting an annual Town Meeting would be the best setting. But Morton favored hav-

ing an informal exchange of information and discussion before a potential formal procedure of a hearing and Town Meeting. He suggested the May 19 meeting that has already been scheduled to discuss possibly pursuing a change in the local school funding formula.

The board agreed to add the permits as a discussion item.

Resident Dave Bartlett also suggested that in anticipation of that discussion, town officials look back at building projects from before the new ordinance took effect, to try to compare and get a better understanding of how much money the town may now be "leaving on the table."

He also asked that they gather information on the permit thresholds that other area towns use.

The May 19 meeting will

take place at 7 p.m. at the Grange Hall.

Other meetings, deadlines

Selectmen will hold a special meeting on Thursday, May 8 at 5 p.m. to call for a special election on June 10. The seats of selectmen Wendy Hanscom and Gary Wight will be up for a vote because of a procedural error in the voting method by which they were elected.

Nomination papers for the positions will be available on Friday, May 9. They will be due by 5 p.m. on Tuesday, May 20. Absentee ballots will be available starting Wednesday, May 21.

The selectboard will hold a regular meeting on May 20 at 5 p.m.

Among other business items at Tuesday's meeting, selectmen:

Further discussed an executive session held April

1 regarding an e-mail written by Morton to CEO Dave Bonney (more on the issue in next week's Citizen);

Decided to hold a workshop on the town administrator's job description May 13 at 5 p.m. at the Grange Hall;

Approved allowing the Planning Board to remove the Newry residency requirement for membership, because the board has been having difficulty with consistent membership and getting a quorum at some meetings;

Appointed Ron Guertin of Scarborough (who owns property here and plans to move to Newry) to the Planning Board;

Approved a request by Rhonda Buker to display ribbons, banners and a green light at the Town Office in support of Lyme Disease awareness.

CHURCH

Continued from page 1



Yoga instructors Christine Liberti, Wendy Youmans and Kristin Otten in the Bethel United Methodist Church's Annex room. The room, built in the mid-1950s in memory of Leslie and Marie Davis, was initially used as the 'Friday Gift Shop.' By making it available for use, the church now gives the gift of yoga to the community.

L. Howe

class (some experience recommended) allows for all body types to benefit from the physical, emotional and spiritual flow of movement, meditation and breath work.

Wendy will be offering a Beginner Yoga class at 9:30 a.m. on Fridays from May 9-30. Wendy's classes are a testament to the power of com-

munity (and occasional does of humor) to make everyone feel welcome. Wendy can be reached at yogawendy@gmail.com.

Practicing yoga can reap many benefits. Yoga clears the mind and offers strength, balance, and flexibility when practiced on a regular basis. It is a gift that offers life-long health benefits.

BRIDGE

Continued from page 1

two bridges might be incorporated into the work, in order to encourage more people to use the recreational bridge.

MDOT project manager Joel Kittredge said that could not happen as part of this project because the funding sources for highway bridge work and bike/pedestrian work are separate.

"We would be hard pressed to make an argument for improving pedestrian access as part of this," he said.

Howe asked if the highway bridge work might at least be done in a manner "to make it easier to do that in the future."

Kittredge said Howe's point was valid, and he would talk to the bike/pedestrian program director about a better connector in the future.

As for the impact of a potential one-way traffic arrangement during construction, Kittredge told one resident who lives next to the bridge that her driveway would likely "be backed up with traffic - hard to get in and out for a while."

The engineers said they will return in November with detailed recommendations for the traffic plan, time frame for work and design.

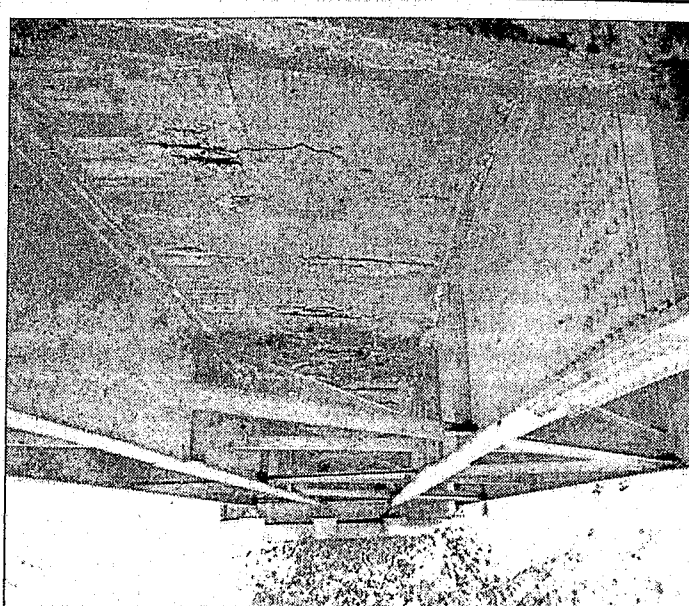
Inquiries about the project may be directed to Gustafson at (207) 624-3419 or garrett.a.gustafson@maine.gov; or to Kittredge at (207) 557-2193 or joel.kittredge@maine.gov.

Cyclist reaction

After the meeting the Citizen contacted Peter Southam, who owns Bethel Bicycle shop near the bridge. He was asked about cyclists' current use of the bridges and whether a better connection might steer them toward the smaller bridge.

"Road cyclists will generally avoid cycling paths and the recreational bridge because they go too fast for this to be safe with dogs, kids, and pedestrians," he said in an e-mail. "Mountain bikers and kids on bikes and cyclists who fear the road will generally use the recreational path/bridge. Currently the splintered wood on the rec bridge makes it dangerous for road bikes."

"Also, there is no paved exit back onto Route 2 on the north side of the bridge for a rider to continue north. A better connection might help, but would still not be used by most road cyclists. During mountain bike season, I tend to send my kids on the rec bridge. My road cycling team uses the road bridge."



The underside of the Route 2 Androscoggin River bridge in Bethel, showing deterioration.

MDOT

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The Way I See It

By Sharon Bouchard

Vehicles can be such a pain in the butt and the pocketbook. My minivan is currently in the garage undergoing some surgical repair on its body. I suspect that there will be a lot of penny pinching until I get that bill paid off!

While without my vehicle I borrowed my son's pickup truck to run some errands. My son, god love him, always seems to have quirky cars and trucks. His car drives just fine assuming you can get it into gear. There is apparently a trick to that, which I can't seem to learn.

So, he offered me the use of his very big truck, which I had all I could do with my short little legs to get up into. After I banged my head on the steering wheel and snagged my slacks on the door I did manage to get into the driver's seat. I even managed to move it forward so I could reach the pedals.

This is when Doug told me that I couldn't just drop the gear shift needle to "D" because the transmission was a little different. "From Park just count three clicks as you move the lever and then you'll be in Drive," he explained. And, he continued, "There's a bit of a trick to getting the key out when you shut it off, but don't worry about it."

It worked out okay and I was grateful to have it in spite of the quirks. It did get me thinking about some of the cars I've had

over the years and I realized that most of them had some kind of quirk or, even worse, an annoying problem.

Some were silly little things like the first car I ever owned. I really loved that car; it drove like a dream and it looked great too! However, it had the strangest rattle that took several years to figure out. It wasn't a constant rattle; you could only hear it when you took off or applied the break.

My son isn't the only one who has dealt with quirky vehicles

No mechanic could figure it out, but it didn't affect the performance so I didn't pursue it too hard.

The source of the rattle was discovered quite by accident when the driver's side window dropped down into the door and would not roll back up. When the mechanic took the door panel off he found an empty soda can. Perhaps a worker at the manufacturing plant put it there while working and forgot it and then the door panel was put on. In time it got loose and became a start/stop rattle.

I've had a few other cars with some odd ball issues, but the very worst car I ever owned was a 1974 Maverick. I hated the color to start with; it was the shade of something you might find in a baby's diaper. The only reason I bought it was because it was the only used car I could afford at the time.

The color, even though it turned my stomach, wasn't the problem. The butterfly valve on the carburetor stuck no matter what was done to it. I got very good at tinkering with it when it stalled out, always in the middle of rush hour traffic.

After a mechanic told me the very best thing I could do was to take the car out somewhere and shoot it I decided it was time for a new car. I was in a better position to finance something new by then so off to a dealer I went. I was surprised the car dealer gave me such a good trade-in allowance for the ugly piece of junk. I'm sure the car dealership was surprised when the ugly piece of junk took its last breath in the parking lot after we had completed the deal and everything was signed.

So, my son isn't the only one who has dealt with quirky vehicles; I have had my share too. Now I can't wait to get my minivan back because everything on it is quite normal and the way I see it the only quirk it has is the one behind the wheel.

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OCSD Patrol Log

Tuesday, April 22

At 5:20 p.m. on Route 26 in Woodstock Deputy Chris McAllister conducted a traffic stop and issued a summons for a useable amount of marijuana, and also issued a warning for speed.

At 6:05 p.m. a caller reported a young male driver driving recklessly on the Intervale Road in Bethel. It was the second time in a week he had reportedly run the caller off the road. Deputy Dave Hodgson was assigned.

Wednesday, April 23

At 8:18 p.m. Sgt. Tim Holland and Cpl. George Cayer responded to Andover for a domestic dispute. Both subjects were warned for disorderly conduct and one left.

At 10:30 a.m. Deputy Andy Whitney received a report of stolen items on the West Bethel Road in Bethel. The incident was under investigation.

Thursday, April 24

At 10 a.m. Deputy Andy Whitney received a complaint of posted road violations in Bethel. A local company was warned about the violations and a notice was sent to other area deputies to watch for violations.

At 3:51 p.m. Deputy Andy Whitney received a report of fraud in Gilead. The incident was under investigation.

At 4:22 p.m. a report of harassment on Mason Street was received. Sgt. Tim Holland was assigned.

Friday, April 25

At 11:30 p.m. Deputy Peter Casey responded to Route 2 in Gilead for a report of a vehicle operating erratically. The driver was checked and it was determined he was not under the influence.

Saturday, April 26

At 10:36 a.m. several deputies responded to the West Bethel Road in Bethel several times within a half hour for a report of an out-of-control, highly intoxicated subject. After several warnings, Anthony Heath, 27, of Bethel was arrested for disorderly conduct.

Sunday, April 27

At 9:12 p.m. a report of telephone harassment in Bethel was received. Deputy Dave Hodgson was assigned.

Monday, April 28

At 6:55 a.m. Deputy Andy Whitney did a traffic detail looking for posted road violations on Flat Road in Bethel. None were observed.

At 7:02 a.m. Deputy Andy Whitney conducted a traffic detail in front of Telstar High School. One vehicle was stopped and issued a warning for failing to stop at a stop sign.

At 11:54 a.m. Deputy Andy Whitney and Bethel Rescue responded to Main Street in Bethel for a report of a subject lying on the sidewalk. Witnesses reported he got up and walked away.

At 12:20 p.m. a Bethel caller asked to talk with a deputy regarding the furnishing of an illegal substance to a young person. Deputy Andy Whitney was assigned.

Grant improved fitness resources at Telstar

By Steve Keane

SAD 44, in conjunction with SAD 17, University of Maine 4-H Conservation School and the Ma-hoosuc Kids Association was awarded the Carol M. White PEP (Physical Education Program) Grant.

This federally funded grant was initiated in the Fall of 2011 and ends in the Fall of 2014. As a result of this funding, specifically for the high school, there have been many successes and changes that have enhanced and improved the fitness opportunities and fitness levels of our students. As this grant comes to a close, it is important to share with the community some specific information, successes and data pertaining to accomplishments, as well as cultural shifts in fitness and physical activity at the school.

Although the grant had no provisions for building structures, gyms or storage facilities, it did provide equipment and professional development. For the middle/high school complex the grant provided the new equipment in the fitness room, which translated to about a \$55,000 upgrade. In addition, our middle school and high school bought 20 pairs of snowshoes as well as 20 packages of nordic skiing equipment. We have a large screen television operational in the fitness room, and both

schools have access to approximately 60 fitness watches that monitor student activity. In the last 3 years, over 600 students have worn the watch for a week, during which their physical activity was recorded. We also have access to computer software that provides printed feedback to the student about their fitness levels through "Fitnessgram," a nationally recognized program that provides testing in physical fitness.

Embodied in the grant is a health and wellness theme titled "5,2,1,0, Let's Go!" This theme is written on posters and placed throughout the schools. Health classes have spent some time discussing the theme and its relevance to lifetime health and well-being. The "5,2,1,0, Let's Go!" theme touts 5 or more fruits and vegetables per day, two hours or less of recreational screen time per day (computer and/or tv), one hour of moderate to vigorous exercise per day, and 0 sugary drinks. Students who have worn the watches also have participated in a fruit and vegetable survey where by students keep track of fruit and vegetable intake for one week and take a survey based on their consumption.

Another major addition of the grant was providing the opportunity for the fitness room to be open after school for students interested in improving

their fitness. Lastly, the grant funding has supported many professional development opportunities for all teachers who teach Health and/or Physical Education in the district. This would include paying for the substitute teachers, registration fees, hotel accommodations and travel expenses, relieving the district and the tax payers from footing the bill. Some of our physical education teachers have attended national or regional conferences in Health and Physical Education. Such opportunities were scarce in the past.

As a result of all this good stuff, more opportunity for students to participate in physical activity has been available and more information has been presented to them about the value of lifetime fitness and well-being. Prior to receiving the PEP grant, our fitness room had older, although somewhat functional, fitness equipment. The room was rarely utilized by the middle school students and marginally utilized by the high school students during the school day. Today, the fitness room is an integral part of all physical education programming at both schools, being utilized by most P.E. classes in the middle school and all P.E. classes in the high school.

After school use of the fitness room prior to the grant was inconsistent. The fitness room was infrequently opened, often only by coaches. Occasionally, the fitness room was opened by a teacher when students expressed an interest to use it. Today, the fitness room is open from 2:30 p.m. until 5 p.m. Monday through Thursday for all who want to exercise. We have developed 8 week rotations and a small network of room supervisors who open and monitor the fitness room. The grant

has provided a small hourly stipend for people willing to be a room supervisor.

During the first year of the grant, fitness equipment was evaluated, tested, ordered, assembled and installed in the fitness room. Opening in November of last year and keeping track of participation, the following data indicates a behavioral shift in the use and popularity of exercising after school and using the fitness room. From November of 2012 through June 2 of 2013, there were 1058 students actively involved in the fitness room, 631 high school students and 427 middle school students. Of the total for the high school, 549 were male and 82 were female. Looking at the total for the middle school, 212 were male and 215 were female. Excluding June, the fitness room averaged 151 students each month. Starting in October of 2013 going through March of this year, the fitness room has had a total of 574 student visits, 164 male high school, 174 female high school, 173 male middle school, and 67 female middle school, respectively. Each month has averaged 95 students working out in the fitness room. The Physical Education faculty at the middle and high school are very excited by these numbers. Students are taking advantage of the opportunity the fitness room is providing in the realm of physical activity.

As this grant comes to a close, much is in place to continue the work of facilitating opportunities for students to seek physical activity that interests them. We hope to continue to encourage and educate students to find fitness activities that enhance their life and the importance of a physically active lifestyle for long term health and well being.

OCSD Jail Log

April 22, 8:43 p.m.: Jeffery W. Wootton, 25, of Greenwood, burglary, theft, criminal mischief; by Cpl. Justin Brown in Greenwood.

April 26, 12:59 p.m.: Anthony K. Heath, 27, of Bethel, disorderly conduct; by Deputy Willie Nelson in Bethel.

April 28, 11:10 a.m.: Jennifer S. Fligg, 36, of Bethel, failure to appear; by Officer Greg Tirado in Bethel.

April 29, 2:50 p.m.: Peter W. Conway, 25, of Greenwood, theft; by Officer Greg Tirado in Newry.

April 29, 6:30 a.m.: Benjamin T. Stewart, 27, of Woodstock, DV assault prior DV; by Deputy Josh Wyman in Woodstock.

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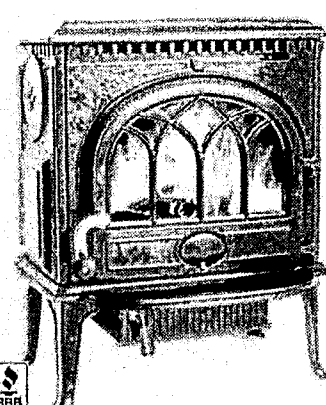
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New England Mineral Conference at Sunday River

By TERRY KARKOS/
Sun Media Wire

Details for the second annual New England Mineral Conference are fast becoming crystallized.

The conference will be held from May 9-11 at the Grand Summit Resort & Conference Center at Sunday River Resort in Newry. Participants not yet registered can do so at the event.

"Things are definitely heating up," said Jeffrey Morrison, association president.

At 3:30 p.m. May 9, registered conference participants can tour the new Maine Mineral and Gem Museum in Bethel. Capacity may be limited. A second tour will be offered at 9 a.m. May 11.

Presentations or lectures and speakers will be:

- "New England Minerals in the National Gem and Mineral Collection," from 7 to 8:15 p.m. May 9, by Michael Wise of the Department of Mineral Sciences at the Smithsonian Na-

tional Museum of Natural History.

- "Love on the Rocks," from 7 to 8:15 p.m. May 9 by Sean and Lily Sweeney.

- "Waisanen Quarry Apatite, Greenwood, Maine," from 9:10 a.m. to noon Saturday, May 10, by Jim Nizamoff and Carl Francis. Francis is the curator of the Maine Mineral and Gem Museum in Bethel, which hasn't opened to the public yet.

- "Mineralogy of the Parker Mountain Mine, Center Stafford, New Hampshire," from 9:10 a.m. to noon May 10, by Tom Mortimer.

- "Maine Pegmatite Mining Musings," from 9:10 a.m. to noon May 10 by Frank C. Perham.

- "The Branchville Pegmatite, Ringfield, Connecticut," from 2 to 4 p.m. on May 10 by Ted Johnson.

- "Recent Advances in the Study of the Mount Mica Pegmatite," from 2 to 4 p.m. on May 10 by Skip Simmons of the Department of Earth and Environmental Sciences at

the University of New Orleans.

From noon to 2 p.m. on May 10, several authors have agreed to sign their books, Morrison said.

Some of the contributing authors and their books include:

- Woody Thompson, "The Geology of New Hampshire's White Mountains."
- Jim Clanin, "The Fundamentals of Mining for Gemstones and Mineral Specimens."

- Bob Whitmore, "The Pegmatite Mines Known as Palermo."
- Skip Simmons, "Pegmatology."

- Bob Ritchie, "A Sphere Maker's Craft."

- Peter Cristofono, "Rockhounding New England: A Guide to 100 of the Region's Best Rockhounding Sites."

"We are hoping to have some additional authors on board by the start of the conference," Morrison said.

Authors who want to be part of the book signing are urged to contact

Morrison at 207-232-4973, jmorris7@maine.rr.com or write him at P.O. Box 33, East Poland, ME 04230-0033.

Dealers pay a room fee and make a donation of mineral-related items for Saturday's silent auction from noon to 5:30 p.m.

"If you are coming to the conference already and have rocks or mineral-related items to sell, this is a great opportunity to do some dealing without investing a lot of money," he said.

Donations for the auctions are welcome.

"We are trying to keep prices low for the participants and also expand on the offerings at the conference," Morrison said. "Any funds we receive go toward making this a better event."

There will be volunteers near the registration area who will receipt donations through 9 a.m. on May 10.

A field trip will be offered from 9 a.m. to 4 p.m. on Sunday, May 11, but only for registered con-

ference participants who have paid the extra field trip fee. The location will be announced at the conference.

New this year is an Education Day from 9 a.m. to 6:30 p.m. primarily for students. Conference officials are encouraging conference participants and the general public to participate, as well.

Morrison said some students have made posters for a poster session which will be on display. There also will be educational stations for student learning.

"If your school or student wants to come to the conference, they need to confirm a time slot for beginning rotations on the various educational stations," he said. "Whether a student or not, if you never have been to the conference or never went to the symposium, this is a great chance to see a little of what it offers for free."

During Education Day, everyone will get a chance to go to the dealer rooms,

view the world-class mineral displays, check out what the students are doing and mingle with some of the wonderful people in the mineral world, he said.

"The conference gives you a chance to meet some true legendary 'rock stars,' whether they be some of the miners from New England, some serious collectors or some of the scientists studying pegmatites," Morrison said.

Some of them may sign autographs, he said.

"At every New England Mineral Conference, there are people who have traveled the world in pursuit of finding the perfect specimen," Morrison said. "These people just love talking rocks, so if any of you have any interest, you will want to be here and meet your favorite 'rock star.'"

For a schedule of events or more information, visit their website, www.neminalconference.org/nema/, Welcome.html, or their Facebook page, New England Mineral Conference.

Bethel

By NANCY BROWN



Last week I mentioned that I saw my first butterflies of spring. Several people asked me what kind of butterflies. The black and orange butterflies were probably Eastern tiger swallowtails that emerged early. It is still too early for the viceroys or monarchs to make their appearance. Viceroy's spend the winter here, but will not appear until a food

source, willow or poplar leaves, is available for the larvae. The monarchs are still en route from Mexico.

I've also seen a number of woolly bear caterpillars beginning to move around. These are short furry caterpillars with black on both ends and a coppery orange band in the middle. Woolly bears hatch in the fall and winter-over by hiding under tree bark or in buildings. I had several woolly bears live through this winter in my shed; one of them hid under a folded Red Sox flag. Occasionally,

the caterpillar would crawl out and I would put him/her back under the flag. When they are picked up or touched, the caterpillars often play dead. The caterpillars are able to survive arctic temperatures by creating a cryoprotectant substance in their tissue. Now that it is warm, the woolly bears are eating and will pupate, and emerge as Isabella Tiger Moths, small moths with yellow-orange creamy wings touched with black spots.

More on spring wildlife: I think I may have seen the young golden eagle that Betsey Foster wrote about in her column several weeks ago. The golden eagle was released into the wild on April 11 in northern Oxford County after a three-month rehabilitation. The large brown bird I saw was soaring above Route 2 in Gilead. It's hard to tell a golden eagle from a young bald eagle especially when they are twenty feet above you. Bald eagles are seen frequently along the Androscoggin River in Coos County.

There are buds on the poplar trees and our purple lilac tree has tiny leaves. Dandelions have blossomed outside the Norway library where I work. However, I am still looking for blossoming wild flowers here in Bethel. I took a short walk along the railroad tracks near my house on Sunday, April 27, and was surprised to see there was still a lot of snow beside the tracks. And, of course, there is still snow on Mt. Abram. My grandmother (Grammy Swan) lived in the shadow of Mt.

Abram most of her life. She told her children that they could not go barefoot until all the snow was gone from Mt. Abram. I'm not a big fan of going barefoot, but every morning when I go to work, I check to see if there is still snow on the mountain. When it's gone, it will really be spring.

If you have news to share, please e-mail me at brownnancy1950@gmail.com, or call me at 824-2483.

Locke's Mills

By BETSEY FOSTER



OK. It's May 1. May poles and May baskets used to be part of this day, but those seem to have fallen by the wayside. Half a century ago, when I was a child, we would occasionally hang a May basket on a person's door. The intent was to remain anonymous, and the content was something simple such as a few flowers, a muffin, or such. It was always fun to sneak up to someone's door, hang the basket, bang on the door, and run away. The recipient was often a grandparent so they said they had no idea who could possibly have a hung a May basket on them (even though they knew). If you are reading this on May 1, you still have time to go hang a basket on someone's door and probably make their day.

The stump dump will open for the season May 3. The location off Route 219 in Greenwood City is the same, and the hours are the same as the recycling center.

The 2014 Greenwood town report is available. You can get your copy either online (www.greenwoodmaine.org) or stop in at the Town Office, and they will print you a copy. The significant budget increases are for the town roads and the fire department.

Congratulations to Greenwood Administrative Assistant Angie Lovejoy on the birth of her son Wyatt Robert. He was born April 23, weighed 8 pounds 7 ounces, and was 21 inches long. He joins his sister Autumn who is 7 years old.

With all the ruckus about our school district, I decided to check and see what Greenwood's status is relative to children and costs. We have around 80 students and pay \$981,614 annually to SAD 44. That is about \$12,270 per student per year. With Andover and Newry considering withdrawing from SAD 44, it makes me wonder if the time has come to rethink the school administrative district concept. It has its pluses and minuses, and careful thought about anything never hurts.

The Local Hub hopes to open its doors this Friday, May 2. If you see the blinds down in the windows, you'll know they are open for business.

The ponds are open. South and Twitchell opened April 25, Round opened April 27, and North Pond ice out was the subject of several people's speculations. At any rate, they are all open now.

Charlie and Cathy Newell have seen the North Pond bald eagle several times. One day it was being chased away by a flock of

crows. Feisty crows.

Other pond birds include wood ducks, mallards, blacks, the common and hooded mergansers, the great blue heron and the ospreys.

The first of the wildflowers are in bloom. Coltsfoot is usually the first one to blossom. It looks rather like a small dandelion on a short stalk with no leaves. The leaves appear later. Supposedly, the plant gets its name because the leaf looks like a colt's foot. Not to me, maybe to somebody else. The plant is used as a cough medicine. On the other hand, it is also poisonous in large doses. Natural remedies can't be taken lightly.

Please send news to staichib6@gmail.com.

Newry

By DOUG WEBSTER



I'll start off with a correction from a couple of weeks ago. I had said that turkey hunting was going to be extended for the entire day instead of ending at noon as it had been. After looking up the law with Retta at the Town Office, I concluded I had been wrong. All day hunting will not be implemented this spring, but will be for the fall hunt. Sorry about that. My buddy seemed so sure of it. Lesson learned: always check IFW's laws and hunting regulations so as to make your own interpretation of the rules. Good luck again, hunters!

I hear talk of smelts starting to run - a sure sign that

School Lunch

SAD 44 Elementary School Lunches May 1 through May 9

Thursday: Ravioli with tomato sauce and dinner roll or Sun Butter and jelly on wholegrain bread with cheese stick, green beans, fresh melon and pineapple.

Friday: Chicken fajita and salsa or Sun Butter and fluff on wholegrain bread with cheese stick, carrot slaw, orange wedges and applesauce.

Monday: Popcorn chicken and dinner roll or Sun Butter and jelly on wholegrain bread with yogurt, seasoned pasta, steamed peas, mixed fruit and apples.

Tuesday: Beef tacos with seasoned rice or Sun Butter and jelly on wholegrain bread with yogurt, bean and corn salsa, peaches and fruit choice.

Wednesday: Italian sandwich or Sun Butter and jelly on wholegrain bread with yogurt, seasoned sweet potatoes, pickled beets, celery sticks, banana and mandarin oranges.

Thursday: Hot turkey sandwich on wholegrain bread with mashed potato or Sun Butter and jelly on wholegrain bread with yogurt, green beans, applesauce and wholegrain chocolate chip cookie.

Friday: BBQ pork rib on a wholegrain bun or Sun Butter and fluff on wholegrain bread with yogurt, green salad, seasoned rice, Quaker Kids snack mix and chilled pears.

Save a Lot

food stores

3 Day Meat Sale

May 2nd, 3rd, 4th

USDA Inspected Family Pack Boneless Thighs	\$1.47 Per Pound
USDA Inspected Family Pack Strip Steak	\$5.97 Per Pound
USDA Inspected Family Pack T-Bone Steak	\$4.97 Per Pound
USDA Inspected Family Pack Porterhouse Steak	\$5.97 Per Pound

USDA Inspected Family Pack Boneless Chicken Breast	\$1.97 Per Pound
USDA Inspected Chicken Drumsticks or Thighs	\$.97 Per Pound
USDA Inspected Storemade Family Pack Ground Chuck	\$3.77 Per Pound
USDA Inspected Family Pack London Broil	\$3.77 Per Pound
USDA Inspected Family Pack Tip Steak	\$3.77 Per Pound
USDA Inspected Family Pack Boneless Chuck Steaks	\$3.77 Per Pound
USDA Inspected Boneless Tip Roast	\$3.77 Per Pound
USDA Inspected Family Pack Boneless Top Round Steak	\$3.77 Per Pound
USDA Inspected Boneless Chuck Roast	\$3.77 Per Pound
USDA Inspected Boneless New York Sirloin Steak	\$4.97 Per Pound
USDA Inspected Family Pack Beef Combo Pack	\$3.77 Per Pound
USDA Inspected Family Pack Beef Stew Meat	\$3.77 Per Pound
USDA Inspected Boneless Beef Tenderloin	\$6.97 Per Pound
USDA Inspected Family Pack Beef Cube Steak	\$3.77 Per Pound
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Bonnie's playful side is amazing to watch when she plays soccer with her ball in the play yard at the shelter. Her athletic side will take her for hours of walks and runs through the trails in the hills. At the end of the day, she will lay her head on your lap and ask for some well-deserved loving.

This beautiful canine is an extremely intelligent dog who would also do well with obedience, agility, tracking and other canine sports. She needs a dog-experienced home where she will be part of the family and guided into the right direction to be the best that she can be. In exchange she will be a faithful companion.

Responsible Pet Care of Oxford Hills is a no-kill, non-profit shelter and adoption center for cats and dogs, and the holding area for stray dogs for 12 towns in Oxford County.

Anyone interested in adopting a pet from RPC can visit the shelter at 5 Swallow Road in South Paris Tuesday-Sunday 12-4 p.m. Most of the adoptable pets and the adoption application can be found online on the shelter's website at www.rpc.petfinder.com.

For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, call Responsible Pet Care after noon at 743-8679.

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Telstar's top two grads to pursue health professions

By EILEEN ADAMS/
Sun Media Wire

Telstar High School's top two students are headed to two different universities to earn degrees in the medical field.

Telstar High School valedictorian Alyssa Brands and salutatorian Kathryn Coolidge. The Class of 2014 graduates on June 6.

Alyssa Brands, 17, of Woodstock is the Class of 2014 valedictorian. She plans to attend the University of Maine to study athletic training and pre-physical therapy. Her goal is to become a physical therapist. She is the daughter of Edward and Kelli Brands.

Kathryn Coolidge, 18, of Bethel is the salutatorian. She plans to attend the University of Connecticut to study pre-pharmacy, then complete requirements to become a pharmacist. She is the daughter of Patricia Coolidge and the late Victor Coolidge.

The two students are best friends and members of the National Honor Society; Coolidge is vice president and Brands is historian. They also

serve on the Student Council. Brands is president and Coolidge is treasurer of the class. They also are members of the Future Business Leaders of America and provide community service through the Interact Club of the Rotary.

Brands plays track and field, basketball and soccer, and has coached soccer and basketball for elementary school students.

Coolidge has taken dance lessons for 14 years, takes singing lessons, has won the annual high school talent show and has sung the national anthem at sporting events.

Coolidge said she always tried to do her best and believes in hard work. "I wanted to be successful and go to college and get a job I'd enjoy. I knew good grades would help," she said.

When Brands received straight As in sixth grade, she knew she wanted to continue earning them.

She said some students have other passions, but school is her second home. She is an emancipated student since she was a sophomore. She

and her parents, who live in New Jersey, get along well. But when they moved away, Brands wanted to finish her high school career at Telstar.

Coolidge works part time at the Route 2 Diner and teaches dancing during the summer to elementary school students.

"I'm definitely excited to graduate and move on, but I'll miss everyone," she said.

Brands works at the Suda Pub. She said she'll also miss everyone at Telstar, but is ready to move to the next phase of her life.

Her graduation speech will focus on high school classes being like families.

"School is very important, and not just for education, but for life lessons. Don't ever take it for granted. You'll never get it back. Do all you can to grow and learn about yourself," she said.

Coolidge also believes high school is what you make it.

"Take what you can get and join groups. Do your school work," she said.

The Telstar Class of 2014 graduates June 6.

morning. Then we went over to Linda Taylor's yard sale at the town hall. He found a few tool items and I picked up a couple of books that looked like interesting reading of places in New Hampshire.

Linda Taylor said that she and Gail plan on having another yard sale on Memorial Day weekend.

Steve and Lise McLain went to Gorham, N.H. last Sunday. While they were there, they stopped at Mr. Pizza for lunch.

The day before Easter, Mary Tyler went on an all-day "shopping spree" in North Conway with her niece Brenda Bergeron and husband, Jeff. Brenda and Jeff's son, Morgan, went with them.

Then she had a lovely time the next day at Easter Dinner at Jeff and Brenda's home in Berlin, N.H. Others present for dinner were Merle Cole, Sr., Morgan Bergeron and Cristi Cole. Mary said that there was plenty of good food and great company.

Mary also made a trip to Rumford one day last week to attend the poetry reading at the Rumford Library. She had a great time and said it was really interesting listening to what the other people there had to offer. There was time to visit over refreshments after the meeting.

There are still quite a few birds at the feeder, but nothing new and exciting. Mary said that she recently saw a Canada Goose and that there were several ducks in Reflection Pond in Shelburne, N.H.

Hugh and I spent last Friday with our granddaughter, Sidney Chapman, in Gorham, N.H. We picked her up at Dunkin Donuts and had breakfast. Then we took donuts to her dad, Tim, at Berlin City. Since it was the last day of school vacation, we also decided to go out to lunch at Pizza Hut. We just had a great day doing nothing.

Gilead Historical Society The GHS will meet this Saturday, May 3 at 1 p.m. at the Town Office. This is a planning meeting for Friends and Family Day in June.

Got any news? Call 836-

2987 or e-mail chapmal@hotmail.com.

Bryant Pond

By ALICE HOYT



Franklin Grange 124 met on Monday, April 21, for guest of officers' night. The meeting

was put together by lecturer Christine Hebert. Officers were filled with Maine State Grange officers and others from around the state. Around 41 were present. A delicious supper was held before the meeting. Nine State Grange officers were present, two state deputies and five committee members. Lecturer's program: Geography; Opening Thought; Definition of Geography; Some Geography Facts; Solo, "Grand State of Maine;" Maine State Geography; Geographic quiz; Song, "He's Got the Whole World in His Hands;" Closing Thought. Next meeting will be May 5. The Grange will hold a mock Hee-Haw Show on Saturday, May 3 at 7 p.m. at the Grange Hall. Come join the fun. Music, featuring old time favorites and some new additions, jokes, refreshments, door prizes and a 50/50 raffle. Donations: \$6/adults, \$3 under 12 years. Proceeds benefit the Franklin Grange building fund. Hope to see you there. Remember, this Saturday evening.

Saturday, May 3, there will be a retirement party at the Fire Station for Donald Hoyt from 1 to 3 p.m. Come wish him well in his retirement. Are you spring cleaning? The Woodstock Historical Society is planning a yard sale on May 17. Please save your treasures and donate them. More information will be coming soon. The Whitman Memorial Library program will be held at the Library on May 8 at 2 p.m. Guest speaker will be Hugh "Cubby" Swan from Greenwood, showing and talking about his old and new wooden toys he has made. The public is welcome at no charge with light refreshments.

The Woodstock-Greenwood Senior Citizens will meet today (Thursday, May 1) at the Locke's Mills Union

Church. Dinner put on by the Ladies Circle. Program by SeniorsPlus with speaker Valerie Cole. Meeting starts at 11:30. New members always welcome.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. This week only, Mid-Week Service will be Thursday evening at 6:30 p.m. Also, at the same time, a girls' group called "Bloom," for young ladies 13 to 18 meets, featuring Bible study, girl talk and mentoring, led by Marybeth Hoover. And, a guys' group called "Foundations" for young men 15 and up, with Bible study through instruction in carpentry and building skills, and mentoring (this involves use of power tools). Led by TJ Ray.

Easter Sunday, the families of Leatrice Chase and Alice and Ken Hoyt met at the fire station for Easter Dinner. Those present were Leatrice Chase, Althea and Robert Stevens, Jennifer Stevens and two sons, Keith Stevens and daughter, Richard, Teresa and Hunter Chase, Ken and Alice Hoyt, Beth, Steve and Marybeth Hoover, JoAnn, David, Shawn, Ray Crockett and Erin Stearns, Jim, Charlene, Joseph and Maggie Hoyt, Crustal Cash and little Shawn, Robert Hoyt and Lisa Petrucci, Mr. and Mrs. Sam Ray and Mandy and TJ Ray. A good time was had by all. The little ones had an Easter Egg Hunt.

The Woodstock Historical Society meets the second Saturday of each month at the museum.

Maggie Hoyt has been visiting her grandparents Ken and Alice Hoyt and parents Jim and Charlene Hoyt from Washington, DC for a few days. Joseph Hoyt stayed overnight on Saturday also from Old Orchard Beach.

Andover

By JANE C. RICH



Today, May 1! Where oh where are those May flowers and warmer weather, the kind that makes you want to dig in the dirt of your flower garden and not be

spring is here and soon the fish will start to come out of their long winter's slumber. I can't wait to head "up north" to Aziscohos Lake. I want to carry on the tradition of smelting that I learned from my Uncle Sheldon Prentice of Bridgton. I remember all the tall tales from his trips up to the lakes and the big piles of smelts we would have at his house. And, of course, my aunt always complained of having to clean them. Remember to be safe. Falling in the water this time of year, especially at night, is not a good idea.

The New England Mineral Conference will be at The Grand Summit Resort and Conference Center May 9 through May 11. There will be educational lectures and presentations, displays and exhibits, dealers, miners and an auction. It is also listed that there is a field trip on Sun-

day. The students at The Eddy School in Newry entered a poster contest for the conference. Five out of the six posters entered received a 1st, 2nd, or 3rd place award in various age groups. The posters will be displayed at the conference with the students sharing what they learned on Friday from 4:30 to 6 p.m. It is nice to see the conference in Newry. This area we live in is so rich in history for mining. The new museum should be a good attraction for the tourism business. I know that I got the bug for finding gems and minerals from what I learned from people in my store. We have a lot of knowledgeable people in this area. It will be nice to talk to some of them at the conference.

I just realized this edition will be out on May 1 - so happy May Day! May 6 is National Teacher's Day. Please take time to thank

a teacher. They need and deserve our support. Most teachers do so much more than just in the classroom. A lot of their work is done at home on their own time. And they are truly dedicated to educating our children. Thank you again and God bless! Send information to me at dwebster@megalink.net.

Gilead

By LIN CHAPMAN



The month of May has arrived. Let's hope the nicer weather comes with it. My brother, Steve McLain, stopped at the house last Saturday

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2014

prohibited by a pile of snow that just won't give up or rather melt in.

Last Tuesday's free lunch put on by the People In Action Committee entertained 40 people with a turkey and biscuit luncheon. I do not yet have a date for the next lunch, but will let you know next week.

The Birthday Supper on Saturday evening was well-attended. The First Congregational Church wishes to thank all those who attended as well as chief cook, Marsha Burns and her kitchen crew and all who decorated tables and baked birthday cakes. Also thanks to Rick Merrill, who served as auctioneer for three cakes at the end of the second sitting.

Just a reminder that the next Olde Home Day Committee meeting will be on Monday, May 12 at 7 p.m. at the Town Hall. The committee is looking for some person or persons to make the Barrel Train parade and ride event happen this year. Call Vickie Meisner for details or see Jim Coolidge. The committee would like to get some new residents involved in this event which can't happen without a lot of input from the community.

I understand the Board of Selectmen is looking for a new secretary. Requirements may be had from the Town Office and there are posters up in the local stores with details.

Sympathy is extended to the family of Carol Yates who passed away on April 24 after a period of declining health. A Celebration of her life was held at the First Congregational Church on Monday, April 28, followed by interment at Woodlawn Cemetery and a luncheon at the CEB.

Waterford

By ROCKIE GRAHAM

May Day. That conjures up different things to different people. I remember that as a big holiday for making and distributing May Baskets to neighbors and friends. They were made by hand and left on doors as a sign of friendship and love. McCarthy destroyed that as he saw it as a communist holiday and had instilled so much fear of communism that all were afraid of it. As a child I could not understand the change. It was a loss to us. Now 60 years later only us old people remember that it existed. But it was an unofficial sign that spring/summer had started. In any case, Happy May Day.



SUNSET OVER SPECK-Brooks Morton of Newry took this photo from the upper Bear River Valley in Newry of a sunset over Old Speck Mountain last month.

Gertrude and Lefty are trying to adjust to a third member of their pack, Penelope, the potbellied pig. David thinks they are becoming best of friends, but I am not so sure. Gertie is still fearful of Penelope. Penny gets too close for Gert's comfort. She quacks at her approach. She calls Lefty to come and join forces. One time Lefty actually poked Penny with her beak. It did not faze Penelope. She just continued to rut in the dirt. The others look for bugs where she ruts. Haven't seen her go into the compost pile yet. Too long a hike for her.

By now, all the snow should have been gone from the yard. That means we can finish raking and plant the peas and a few other frost hardy veggies. Anxious to get out there. We have raked most of the yard except where it is still frozen. That too shall come.

Thursday, May 1, from 6:30 to 8:30 p.m. there is another Sustainability Workshop at Norway Memorial Library. This is entitled Alternative Housing." Scott Vlaun and Alex Miller will present. It is free and open to the public. FMI please call 743-5309 ext. 1.

Friday, May 2, 5 to 7: First Friday Reception at CEBE gallery 447 Main Street (Fare Share Commons) to view the works of Bernard Langlais.

Friday, May 2 at 6 p.m. at the home of Edna York, Hunts Corner Cemetery As-

sociation's annual Meeting. FMI please call 824-3408.

Monday, May 5 at 6:30 p.m. Socrates Café meets at the Waterford Library. The topic will be "What Actions Are We Taking to Improve Our Legacy." The moderator is Ted Gerber. Light refreshments and coffee provided. FMI please call 583-6957.

That is all for this week. Enjoy the sun when and if it peeks out between the clouds and watch out for those ticks! May is National Lyme Disease Awareness month.

To put something into this column please call 743-0583.

Upton

By JOE BERNIER

The Ladies Aid Association served 16 breakfasts Sunday, April 20. Their next scheduled breakfast is Mother's Day, Sunday, May 11.

Doug Warren, Harvey Small, Neil Bernier and I assembled the Letter B Notch Riders new grill Saturday. Maybe the club will try it out in June for a club ride and cookout before the monthly meeting. The assembly went so well that we also assembled the grill that Penny bought for our house.

About 11 a.m. Sunday, April 27, I drove toward New Hampshire to where I could see Umbagog Lake. It was still ice covered at that time.

The moose are starting to frequent the various bogs along Route 26 in Grafton. Keep a watchful eye out, especially early in the morning.

Please call 533-2010, or e-mail backstjoe@gmail.com with your news.

Backyard Reflections

By Sara Wright

"Keeee - Keeee - keeeeee" the characteristically high pitched call sent the chickadees scattering under the pines as I peered into the vast blue sky above. Sure enough there were two of them on this clear April morning; these Red Tails were probably courting as they soared in a great circle above my head. I wondered if they were the pair that lived in the forest across the brook. One of these raptors had recently left two barred russet tail feathers just outside my door. Although many Red Tailed hawks migrate, some do not and I have had the privilege of living with a pair year round for quite a few years. Each spring they raise a family in some old white pines clustered close together, and during the summer I often see three or four Red Tails wheeling through the sky overhead. All winter they hunt in the overgrown field and around the house. An apparently random explosion of dove feathers in my driveway often tells the story, even if I don't see the actual kill, which is normally quick and merciful. This morning I was astonished and delighted to see one piercing yellow eye peering down at me as I looked up into the pines just outside my door. Obviously, I had a third hawk living in the area. The hawk was hunched over like a monk as he hid in the upper

branches, his head sunk into his shoulders. The color of his iris suggested that this bird was an immature one, because Red Tail hawk eyes darken to burnt sienna or chestnut as they age. The chickadees and juncos, apparently unwary, continued to pick away at the seed on the ground as I watched the scene unfold from the porch with amazement. Could he really be targeting prey from this vantage point? As if answering my question, without warning the hawk swooped through an impossible tangle of branches and grasping a hapless chickadee in bright yellow talons, he soared into the open dome of the sky and was gone. How did a bird with such a magnificent 50 inch wingspread maneuver so expertly through such a snarl of tree limbs? But, of course, these hawks had adapted to this patch of forest that they called home, and probably had killed a number of birds under precisely the same circumstances. I had just never witnessed the scene before. I suddenly felt excited. Maybe some red squirrels might soon be on the menu. I recalled a recent picture my friend John had sent me of a bald eagle snatching a squirrel on his back lawn, imagining one of "my" hawks reenacting the same story!

In world mythology hawks carry what I would call a spiritual charge. In ancient Egypt the gods (both male and female) were depicted as being hawk-headed or as humans accompanied by hawks. In Norse mythology an eagle sits at the top of the world tree, Yggdrasil, and on the beak of the eagle, between his eyes sits a hawk, who symbolizes both wisdom and light. Hawk medicine according to most my-

thologies is powerful medicine indeed.

I remember a Cree Indian friend telling me once that if I wanted to learn about the values of Native American culture I needed to read stories about the relationship between "the people" and animals. Indigenous peoples across the globe were the first conservationists, and the first people to understand the complex relationships, the similarities and the differences in behavioral patterns in humans and animals. Take the coyote for example. In Native mythology we have this idea of the wily coyote as an animal having an uncanny ability to take care of himself; he can even resurrect himself! (What I find so astonishing personally is that coyotes in the wild adapt so ingeniously to the presence of man that their population remains stable no matter how many are killed). However, many tribes perceive "coyote men" in a darker light, highlighting the human-like tricksters whose bullying, arrogance, cowardice, and egregious behavior backfires, bringing them down and making them appear stupid, exposing coyote men as the fools they are.

In Native mythologies it is the animal that carries the spiritual power, not the human, quite a fascinating reversal of roles, (spiritual and otherwise) in my way of thinking. Interestingly, both hawks and coyotes are predators but the hawk is most often depicted as the wise spirit guide and coyote as the more human-like trickster figure whose unpleasant antics create chaos. Hawks are believed by Native peoples to have visionary capacities; including an uncanny ability to see through deceit. As spirit messengers they are able to travel safely between the worlds of the living and the dead to communicate truths to those who can see or hear his message. "Hawk medicine" is desired by many Indian and non-Indians who make a visionary quest.

Hawks in nature are simply sublime.

In flight Red Tails are a stunning sight, their wing beats slow and deliberate; their massive wingspread (46-57 inches) makes them easy to identify by size alone. They fly at about 40 miles an hour but when diving can attain a speed of 120 mph. The fierce screaming cry of the red tail is often used as a generic raptor sound effect in television and other media. Red Tails employ two hunting techniques. They perch and scan for prey or hunt while flying, sometimes hunting in pairs. Prey varies with regional and seasonal availability. Birds, snakes, lizards, beetles, small mammals like rabbits, chipmunks, and squirrels make up the bulk of the red tail's diet. Though markings

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BANC highlights Healthy Oxford Hills

and hues vary from light to dark the basic appearance of the Red Tails is consistent. These birds are blocky and broad in shape with a whitish underbelly and a dark brown band formed by horizontal streaks in feather patterning. The distinctly hooked beak is short and dark and the head can sometimes appear small against the bulky body frame. The red tail which gives the species its name is brick red or rust colored and can easily be seen on sunny days while the bird is soaring under a deep blue sky. Red Tailed hawks occupy a wide range of habitats and altitudes including deserts, grasslands, deciduous and tropical rainforests and urban environments. They seem indifferent to human activity and can nest and live in close proximity to humans, in some cases adapting to city life. The species breeds throughout North America from Alaska/Canada and as far south as Peru. They are ready to breed at two years old and choose one mate for life; the females are larger than the males. During courtship the two fly in wide circles while uttering shrill cries.

Often the males perform an aerial display diving and then climbing again. A stick nest is constructed high (at least a hundred feet up) in a large tree or a cliff edge; sometimes man-made structures provide nesting sites. A clutch of 2 to 3 eggs is laid in March or April (late April in this area) and is primarily incubated by the female, with the male providing food for the female and the brood after the clutch has hatched in about 35 days. After about 40 plus days the nestlings begin to leave the nest and about 6 or 7 weeks after fledging the young begin to capture their own prey, although they are often seen flying with their parents for the first four months. Because these birds are common and easily trained as capable hunters, the majority of hawks captured for falconry in the United States are Red Tails. What I love the most about these magnificent birds is the fact that they seem to have found a way to co-exist with humans and continue to thrive in many areas although over the past couple of decades I have also noted a decline in our local populations.

Franklin Grange #124 is presenting their spring "MOCK"-HEE-HAW SHOW at the Grange Hall on Main Street in Bryant Pond on May 3 at 7 p.m. Come join us for a fun-filled evening of music including all-time favorites: John Sparrow; the Milltown Road Show; Becky Law, Herman Leblanc (The Black Mountain Hobo) and Billy Kimball; Richard Felt; Ken Nowlin; Brad Hooper and new-comers Lily Schofield and Rhianna Styles. Refreshments will be available, featuring home-cooked goodies and down-to-earth prices. There will also be door prizes and a 50-50 Raffle. Admission donation is Adults \$6, Children under 12 \$3. Donations benefit Franklin Grange Building Fund Hope to see you all there!

Grant to enhance Civil War studies at Gould

Gould Academy, the Bethel Historical Society and the Bethel Library Association are bringing local Civil War history to life thanks to a \$2,000 grant awarded by the Maine Historical Society (MHS) and Maine Humanities Council (MHC).

The grant is part of a joint MHS and MHC program called "Local & Legendary: Maine in the Civil War." The program, funded by the National Endowment for the Humanities, aims to bring Maine libraries and educational and historical organizations together to explore local Civil War history and engage their communities. Bethel is one of five communities in Maine to receive the grant in the second and final round of project awards.

"As a community, we've been talking about doing something like this for a while," said Gould Academy History Department Chair and project lead Dr. Brad Clarke. "Working with the Bethel Historical Society and the Bethel Library to enhance what we do in our history department has always been a personal goal of mine. This grant program really helped to bring it all together."

Gould juniors studying the Civil War for their U.S. History classes will have access to the Bethel Historical Society's impressive collections, including artifacts from its popular exhibit, "In the Field and On the Homefront: Bethel During the Civil War."

"This will make the Civil War very real for our students," said Clarke. "When you link the primary source work that we do in class with real artifacts and local history a quarter mile up the road, the content becomes experiential and more powerful."

For the historical society, working with Gould students means exposing a younger generation to the importance of the society's mission as well as to the impact the Civil War had on Bethel and neighboring communities.

"Ever since I took a course in the Civil War as an undergraduate, I have been a student of that war and written widely on that topic," said Stan Howe, Ph. D., executive director emeritus at the Bethel Historical Society. "I am anxious to share my insights with young inquiring minds."

The Local and Legendary grant will also give Bethel Historical Society Executive Director Randall Bennett and his staff the opportunity to participate in the MHS Maine Memory network, an online archive of Maine history. The society will digitize and upload copies of historical items from their collections into the centralized, web-accessible database, giving many in the local community and throughout Maine access to their collection.

At the Bethel Library, which offers a number of children's programs, the grant will help fill a current gap in adult programming. The organization plans to offer a "One Book, One Community" reading program and discussion group based on the content provided by the historical society. Tom Davis, a library trustee, hopes the grant will kick start an ongoing series of programs for working adults in the area.

"The library plans to engage as many people as possible in a shared reading experience, where folks can learn how the Civil War affected the Bethel community and how it shaped who we are today," said Davis.

Clarke, Howe and Davis will participate in workshops in May and this summer as required by the grant. Project work will begin in earnest in September.

Amy Scott, Network Facilitator of the Bethel Area Non-profit Collaborative (BANC), highlights this week a second member of the collaborative, in advance of a BANC members' event at the end of May. Healthy Oxford Hills, one of 27 Healthy Maine Partnerships (HMPs) in the state, and a project of Stephens Memorial Hospital, is an active member of BANC. Its vision is a caring, self-reliant community that comes together in the shared pursuit of a healthy quality of life for all Oxford Hills citizens. Its mission is to build partnerships to improve the quality of life for Oxford Hills' citizens. We do this by engaging the community in assessment, planning and education to bring about policy and environmental improvements.

The Partnership's Director is Jim Douglas (jim@healthyoxfordhills.org; 207-890-5569). He explains that HOH is active in the Western Public Health District, which includes the 4 HMPs serving Oxford, Franklin and Androscoggin counties. Healthy Oxford Hills, says Douglas, "currently has 13 grants under its management, which includes state funds for tobacco and substance abuse prevention; problem gambling prevention; school district policy development and implementation on tobacco, substance abuse, and wellness (healthy eating and physical activity); obesity prevention and reduction; worksite wellness, lead poisoning prevention, and more.

"A recent success was the development of a network of Active Community Environment Teams (ACE'Ts) in Oxford County, under a Community Transformation Grant for Small Communities (part of the Affordable Care Act)." Last spring over 100 people came to the first Western ACE Conference, a half-day event held at the Oxford Comprehensive High School. Due to its success, the second conference has been planned for May 22, 2014 at the Bethel Inn and Conference Center.

Douglas goes on to say that his organization has been a leader in the Oxford County Wellness Collaborative since its inception in 2011 and that BANC has been a strong partner in that collaborative. Recently Scott and Douglas, along with several other non-profit leaders, collaborated on successful grant applications to the Bingham Program and the Betterment Foundation, for continuation and capacity-building funding for the OCWC.

BANC, through Amy, is a funded partner in a related county-wide initiative funded by the Maine Health Access Foundation (MeHAF). Hosted by HOH and under the strategic oversight of the OCWC, MeHAF is taking the existing coalitions and county-wide experience with effective collaboration to new levels of effectiveness and impact.

Douglas is grateful for the strong support and leadership of Amy Scott, whom he describes as “a thought- and change-leader” who is introducing BANC and its membership to cutting edge paradigms for strategic change, such as Whole Communities/Whole Measures. She has conducted training sessions for HOH and other BANC member organizations.

BANC is a group of nonprofits with a wide variety of missions in the Bethel region. Its mission is to support Bethel area non-profits' efforts to improve the quality of place of the Bethel area through educational, cultural, environmental, recreational, economic development, and health and wellness initiatives. It welcomes area non-profits as new members. FMI contact Amy at amyscott@bethelmainenonprofits.org or 207-357-3189.

Sports

Telstar Softball preview

Telstar softball returns six starters from last season, including first-team pitcher Jessica Dirago.

Jessie is a three-year starter and is expected to lead the Rebels to another successful season. Seniors: Autum Morin returns at third base; leftfielder Maisie Griffin is also a three-year starter and Jen Wakefield will contend at first base and add depth to the outfield.

Junior Sadie Ellsworth returns behind the dish for her third season, where her experience will help anchor the defense. Katie Merrill returns to the outfield and Ellie Conrad and Annie Cushman will add depth to the infield. Junior Vanessa Godwin will help with first base.

"Sophomore Becca Howard will play short this season and help anchor the defense and add to the offensive punch of the team. Also sophomores Tori Ryerson and Haley Peterson will add speed and depth to the outfield. Olivia York will bring a year of jv experience to the mound and give depth to the team as well.

-This year's team will look to improve on the 10-6 record of last season and will want to compete with the top teams of the MVC conference. - Coach Jim Lunney

High School Softball Results

Telstar 18, Wiscasset 5; April 29 – Telstar's softball team opened with a win over Wiscasset on Monday. Jessie Dirago allowed only one hit and struck out nine through the five-inning game and was supported by Maisey Griffin's three hits and five RBI's and Autum Morin's two hits and five RBI's. Autum had a grand slam in the fifth inning to shut the door on the Wiscasset nine. Every Rebel scored a run, led by Autum, Sadie Ellsworth and Maisey who scored three runs each. Jess Dirago also had a double for the Rebels. Telstar is 1-0 on the season. – Coach Jim Lunney

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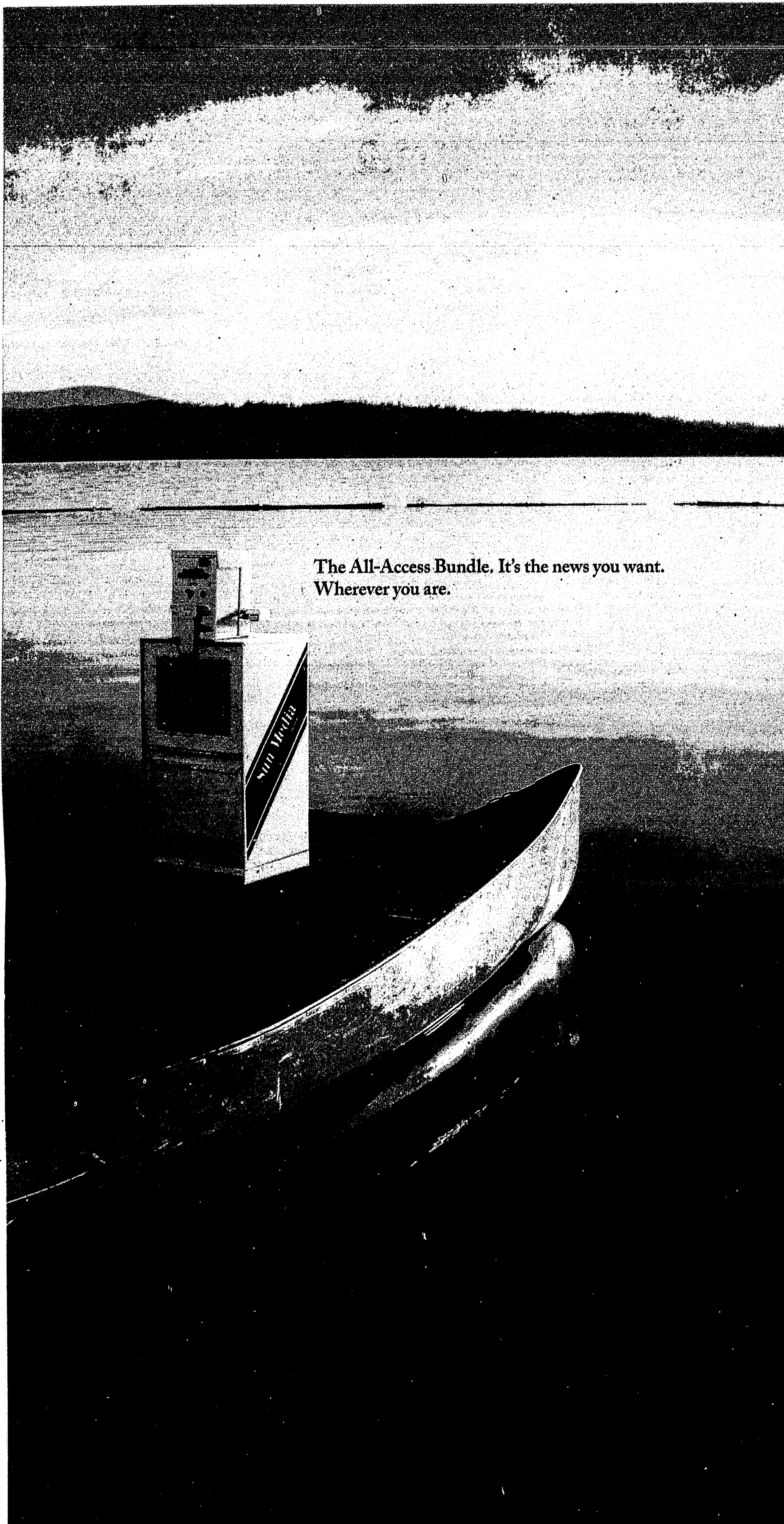
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COMMUNITY CALENDAR

District Exchange; Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4 p.m., Thursday 4 to 6 p.m., Saturday, 10 a.m. to 12 noon. Donations of gently-used clothing only accepted during open hours – No exceptions. FMI: 824-4090. Clothing may also be left at Northeast Bank, Main Street, Bethel Monday through Wednesday, 9 a.m. to 4 p.m.; Thursday and Friday 9 a.m. to 5 p.m.; and Saturday 9 a.m. to 12 noon.

Bethel Area Food Pantry; serving the residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton and Woodstock. The Food Pantry is open on the second Monday of each month from noon to 8 p.m. Anyone in need of food should come during those hours, without appointment. The Food pantry is located in the basement of the Nazarene Church, 16 Church Street, Bethel, by the side entrance on Park Street.

Jackson-Silver Post 68 Hillside of Flags Sale; Flags can be purchased for \$5 each in "honor of" or "remembrance" of a veteran. The flags will be displayed at the corner of Main Street and Gore Road in Greenwood from May 22 through May 31, 2014. To purchase a flag, send a check to Jackson-Silver Post, PO Box 178, Greenwood, Maine 04255; call 890-6187 or stop into the Post kitchen any Friday afternoon.

Progress Center Online Auction; Bidding is open through May 10, 2014 at www.32auctions.com/progresscentermaine. FMI: Priscilla (743-8049 ext. 266).

Thursday, May 1

"Living Sustainably" Presentation; 6:30 to 8:30, Norway Memorial Library. "Alternative Housing" with Alex Miller and CEBE's Scott Vlaun. Free and open to the public. FMI/registration: 743-5309 ext. 1.

Friday, May 2

First Friday Reception; 5 to 7 p.m., CEBE Gallery, 447 Main Street, Norway, featuring the works of Bernard Langlais.

Hunts Corner Cemetery Association Annual Meeting; 6 p.m. at the home of Edna York. FMI: 824-3408.

Saturday, May 3

Infant CPR Course; 8:30 to 10 a.m., Harper Conference Center, Ripley Medical Office Building (193 Main Street, Norway). \$10 per person, pre-registration required. FMI/registration: 743-1562 ext. 6951.

Bethel Green-up Day; 9 a.m. to 12 p.m. Keep Bethel beautiful! Meet at Davis Park, grab a trash bag, and help clean up the surrounding area. Please wear sturdy shoes. Work gloves recommended. Refreshments provided. RSVP requested to Jessie Perkins, especially if you have a pick-up truck! (207) 356-1883 or info@bethelmaine.com.

SMILE Fund Yard Sale; 9 a.m. to 1 p.m., West Parish Congregational Church. Please donate tools, household items, toys and books the week prior to the sale. Proceeds to benefit dental care, dentures for adults in the SAD 44 region. FMI: Jane Chandler (357-3524).

Vendor/Craft Fair; 9 a.m. to 3 p.m. Dixfield Opera House, 11 Main Street, Dixfield. FMI: Melanie (357-6419).

"Under His Wings" Ladies Spring Luncheon; 12:30 p.m., Pleasant Valley Bible Church, 407 Flat Road, West Bethel. Reservations encouraged. FMI: 836-3006.

Old Fashioned Barn Dance; Mahoosuc Mountain Lodge. Potluck supper: 5:30 p.m. Concert: 7 p.m. Dance: 8 p.m. Music by the Buttermilk Hill Band and John and Ellen Gawler. 50/50 raffle. \$12 admission, children under 16 half price. FMI: 824-2073.

Franklin Grange 124 Mock Hee-Haw Show; 7 p.m., Grange Hall, Main Street, Bryant Pond. A fun-filled evening of music including all-time favorites John Sparrow, Milltown Road Show, Hemingway Bluegrass Band, Becky Law, Herman Leblanc (The Black Mountain Hobo) and Billy Kimball, Richard Felt and more. Refreshments available, featuring home-cooked goodies and down-to-earth prices. Door prizes, 50/50 Raffle. Admission: \$6/adults, \$3/under 12. Proceeds to benefit Franklin Grange building fund.

Sunday, May 4

Mahoosuc Community Band Concert; 4 p.m., West Parish Congregational Church. Donations accepted. Refreshments available following the concert. FMI: Brian Dunham (665-2967).

Monday, May 5

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

Socrates Café; 6:30 to 8:30 p.m., Waterford Library. Topic: "What Actions Are We Taking to Improve our Legace?" Moderator: Ted Gerber. Coffee and light refreshments provided. FMI: 583-6957.

East Bethel Cemetery Association Meeting; 7 p.m., the Grange Hall.

Tuesday, May 6

TMS PTA Financial Aid Workshop; 6 p.m., Telstar auditorium. Kathy Ruby, a college financial aid professional, will talk to parents about support systems and financial resources available for post-secondary education.

May 7 and 17

Bow Hunter Safety; Wednesday (May 7) 6 to 9 p.m. Saturday (May 17) 8 a.m. to 4:30 p.m. Telstar High School Library. \$10 per person. Register at www.sad44.maineadulted.org and pay with Paypal or call 824-2780.

Wednesday, May 7

NHS Blood Drive; 12 to 5 p.m., Telstar gymnasium. FMI/appointments: www.redcross.org or 1-800-733-2767 (1-800-RED-CROSS). Walk-ins welcome.

Telstar Middle/High School Art Show; 5 to 8 p.m., Telstar cafeteria, auditorium and red tile area.

Basics of Buying or Selling a Business; 6 to 9 p.m., Norway Town Office, 19 Danforth Street. Presented by Brian Hanson, President of Maine Business Brokers of Portland. \$25. FMI/Registration: 743-0499 or Stephen.veazey@scorevolunteer.org.

Breastfeeding Class; 6:30 to 8:30 p.m., Harper Conference Center, Ripley Medical Building (193 Main Street, Norway). \$10 per couple, pre-registration required. FMI/registration: 743-1652 ext. 6951.

Thursday, May 8

Whitman Memorial Library Program; 2 p.m., Whitman Memorial Library. Hugh "Cubby" Swan will be showing and talking about his homemade wooden toys. Free and open to the public. Light refreshments will be served.

Saturday, May 10

Paul Bunyan Lumberjack Festival; 8 a.m., Congress Street, Rumford. A full day of events, contests, entertainment and food to celebrate Rumford's wood products heritage.

CPS Mayfair; 9 a.m. to 1 p.m. Fundraising raffle, food and fun activities. FMI/donations: Callie Pecunies (824-0335 or callie.pecunies@gmail.com).

Hope Association Spring Craft Fair; 9 a.m. to 2 p.m., What Not Shop Thrift Store and Briar Patch, Lincoln Avenue, Rumford. Chinese auction, jewelry, crafts, make your own sundae, face painting, petting zoo, the Snake Man and a car wash. Proceeds support the Special Olympics.

Mountain Valley Kids Festival; 10 a.m., 129 Rumford Avenue, Rumford. Bicycle safety rodeo, ATV safety, bounce tent, maze tent, games, balloons, prizes and more. Entertainment by Noel and Don from 1:30 to 4:30, baked bean and ham supper 5 to 7 and the "Flannel and Jeans Lumberjack Hoedown" with entertainment by Backlash. Proceeds support participating youth groups.

2nd Annual Motorcycle Swap Meet; 10 a.m. to 6 p.m., Dixfield American Legion. 8X10-Lot \$25, Inside tables \$15. FMI: E. Ellis (357-6437) or C. Green (645-9640).

Oxford Hills Honey Bee Club Workshop; 1 p.m., Oxford County Extension Center, 9 Olson Road, South Paris. Weather permitting there will be an open hive. Lifetime bee keepers Ken Record and Jerry Record will demonstrate splitting bees and getting nucs ready. Bring your veils. Public is welcome. FMI: Kevin (farrou@roadrunner.com).

Jones Dance Band; 7 to 10 p.m., Legion Hall, Church Street, South Paris. Old fashioned dance music. Adults: \$5.

Swingin' Bears Square Dance; 7 to 10 p.m., Oxford Hills Middle School, 100 Pine Street, South Paris. Caller: Walter Lougee. Cues: Bernie Porter. Refreshments, door prizes and 50/50 at intermission. Admission: \$6.

Monday, May 12

Ellis River Riders Monthly Membership Meeting; 7 p.m., Andover Congregational Church.

Tuesday, May 13

Supper Dance; 5 to 9:30 p.m., Locke's Mills Legion, Gore Road. Baked beans, hotdogs, casseroles, salads, rolls and pies. Music by the Jones Dance Band. Supper and dance: \$10. Supper only: \$7. Children: \$3.

Telstar Middle/High School Spring Concert; 7 p.m., Telstar auditorium. Performances from the high school chorus and band under the direction of Jennifer Bennett and the middle school chorus and band under the direction of Tom Coolidge.

Wednesday, May 14

Bethel Senior Citizens Meeting; 11 a.m., Rooster's Roadhouse, Bethel. Menu: Yankee pot roast or baked stuffed haddock. \$13 per person. RSVP by May 1: Arlene Lowell (824-2877).

Thursday, May 15

"Living Sustainably" Presentation; 6:30 to 8:30, Norway Memorial Library. "Preserving Vegetables" with Diane L. Ward. Free and open to the public. FMI/registration: 743-5309 ext. 1.

Saturday, May 17

Woodstock Historical Society Yard Sale; 9 a.m. to 2 p.m. at the museum. (Rain date, May 18).

Ellis River Riders Versatility Trail Challenge; 9 a.m., Ellis River Riders show grounds, Airport Road, Andover. There are bleachers next to the arena for spectators to watch the horse and rider teams go through the obstacles.

Boxberry School Silent Auction; 6 to 9 p.m., Fernwood Cove, Harrison. Live music with Milltown Roadshow, gourmet appetizers by Chef Erik Person and desserts by Anna Sysko. Tickets available at Books N' Things and Café Nomad. \$20/advance, \$25 at the door.

Jones Dance Band; 7 to 10 p.m., Legion Hall, Church Street, South Paris. Old fashioned dance music. Adults: \$5.

Sunday, May 18

Ellis River Riders Versatility Clinic; 9 a.m. to 3 p.m., Ellis River Riders show grounds, Airport Road, Andover. This clinic will allow horses and riders to practice the obstacles from the versatility challenge. Spectators are welcome. Donations are encouraged.

Mainiac Mountaineers; 2 p.m., Locke's Mills Town Hall. No charge, but donations will be accepted for the Town Hall repair fund.

Monday, May 19

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

Wednesday, May 21

Promoting Your Business on Visit Maine Website; 7:30 a.m. breakfast, workshop 8:15 to 9:15, Camp in the Grand Summit Hotel at Sunday River. Breakfast is \$10. FMI/registration: Julia Reuter (Julia@bethelmaine.com or 824-2282).

Promoting Your Business on Visit Maine Website; 1:30 to 3 p.m., Community Concepts, 17 Market Square, South Paris. Free. FMI/registration: Mia Purcell (mpurcell@community-concepts.org or 739-6543).

Saturday, May 24

Inside Yard Sale; 9 a.m. to 2 p.m., VFW Post 9787, 58 Main Street, South Paris. Lunch Counter open. Tables \$10 each. FMI: 743-5723.

Jones Dance Band; 7 to 10 p.m., Legion Hall, Church Street, South Paris. Old fashioned dance music. Adults: \$5.

Thursday, May 29

"Living Sustainably" Presentation; 6:30 to 8:30, Norway Memorial Library. "Importance of Bees" with Oxford Hills Bee Keepers Association. Free and open to the public. FMI/registration: 743-5309 ext. 1.

Saturday, May 31

Pay it Forward 5k; 9 a.m. (race-day registration 8 a.m., Oxford Hills Middle School South Campus, 18 Madison Avenue, Oxford (adjacent to Ocean State Job Lots). Preregistration: running4free.com. A short awards ceremony will follow the race.

Jones Dance Band; 7 to 10 p.m., Legion Hall, Church Street, South Paris. Old fashioned dance music. Adults: \$5.

Sunday, June 1

Ellis River Riders Showmanship Clinic; 10 a.m. to 2 p.m., Ellis River Riders show grounds, Airport Road, Andover. This clinic will offer the opportunity to see an Open Show from the judge's view.

Saturday, June 14

Ellis River Riders Western Dressage Clinic; 9 a.m. to 4 p.m., Ellis River Riders show grounds, Airport Road, Andover. Spectators are welcome to come and watch riders learn about a new type of show in the equestrian world.

Saturday, June 21

Ellis River Riders Game Show; 9 a.m., Ellis River Riders show grounds, Airport Road, Andover. Watch the fun and enjoy a meal from the food booth.

Sunday, June 22

Ellis River Riders Open Show; 9 a.m., Ellis River Riders show grounds, Airport Road, Andover. Spectators are welcome to come watch and the food booth will be open to enjoy a meal.

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2014

Church Services

ALBANY

Congregational Church - Hunts Corner, 9:30 a.m. Sunday worship and Sunday School at 9 a.m.; Pastor Eddie Gammon. Bible Study 6:30 p.m. Thursdays at the home of Fernand Corriveau.

ANDOVER

First Congregational Church - Rev. Jane Rich. Sunday morning worship 10 to 11 a.m. followed by brunch. All welcome. FMI: 392-3761.

Calvary Bible Church - Pastor Ken Wagstaff; Morning worship 10:45 to noon. Wednesday prayer meeting, 6:30 p.m. Route 5, South Andover. 392-1121.

BETHEL

Bethel Alliance Church - 251 Walker's Mills Road, Rev. Kevin Bellinger, Senior Pastor and Nicholas Lutzo, Youth Pastor. Sundays: 9 a.m. Sunday School for adults, teens and children; 10 a.m. Worship Service (Nursery

care and Children's Church are available); 4:30-6 p.m. Kidz Klub (4 yrs-5th grade); 4:30-6:30 p.m. High School "Hang-Out" (location varies), Thursdays: 5-7 p.m. Middle and High School Youth Group. FMI: 207-824-2289.

Bethel Church of the Nazarene - 16 Church Street, Bethel. Sunday School, 9:30 (for all ages). Pastor Peter Carter. The third Sunday of every month at 9 a.m. breakfast open to the public, no charge. Morning Worship 10:30. Wednesday evening 6 p.m. Prayer and Bible Study. FMI, transportation or prayer please contact Gerry Shimamura 824-7289 or Juanita Korhonen 665-2528.

Roman Catholic Church of the Holy Savior, Our Lady of the Snows - 265 Walkers Mills Road (Route 26). Fr. Gregory Dube may be reached at the parish office 364-4556. Saturday Mass, 6 p.m. Announcements. FMI: 824-2933.

West Parish Congregational - Church Street. Rev. Richard Bennett. Sundays: 10 a.m. worship and Sunday School Sept.-May. Tuesdays: 8 a.m., informal Prayer

Group with coffee in the Chapel. All are welcome. First Wednesday of the month: 8 a.m., Mens' Breakfast Group. Entrance in rear of church. All events open to everyone. This is an open and affirming congregation. FMI: 824-2689.

United Methodist - 79 Main Street. Pastor Carol Stevens. Sunday worship service 9 a.m. FMI: 824-0797.

West Bethel Union - Rev. John Williams. Morning worship and 9 a.m. Sunday School. FMI: 836-3533.

Pleasant Valley Bible Pastor Dave Fraher. Sunday Services: Sunday School, 9 a.m.; Worship Service, 10 a.m. Ladies Bible study Tuesday, 2:30 p.m. Midweek Bible study and prayer, Wednesday 6 p.m. Awana Club Fridays 3:30 to 5 p.m. (Cubbies ages 3/4; Sparks Grades K-2; children may take bus from school). FMI: 836-2828. Visit us on our Facebook page.

Seventh Day Adventist Fellowship: Meets at the Nazarene Church on Saturdays, on Church Street in Bethel. Sabbath School 9:30 a.m.; Worship, 11 a.m. FMI: 357-7814.

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Sunday River.

Food and Beverage Job Fair

May 15 at 10am

Camp at the Grand Summit Hotel -Sunday River

On Thursday, May 15 at 10am, Sunday River is conducting an onsite job fair for food and beverage positions. If you are looking for a rewarding position in food and beverage and would like to be considered, please arrive to Sunday River's newest restaurant, Camp, by 10am to be considered. Managers will be present to conduct interviews for open positions that include: chefs, cooks, dishwashers, servers, host/ess, and bussers. For further information you can also contact Kristin Gibson in HR at 207-824-5164.

Sunday River is an Equal Opportunity Employer

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Public Opening: Friday, May 15, 2014, 3:15pm
M.S.A.D. #44 Superintendent's office.

Bids Mailed to: M.S.A.D. #44
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(Envelope must be marked "Surplus Vehicle Bid" attention Ronnie Deegan)

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Community Concepts

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To Qualify: Associates Degree in Social Work, Early Childhood Education or related field is required. Must obtain and maintain current CPR/First Aid certifications. Criminal (SBI), Child Protective (DHHS) and DMV background checks must be completed prior to hire; physical exam and TB screening are completed upon hire; valid driver's license and vehicle with liability insurance, and a telephone are required.

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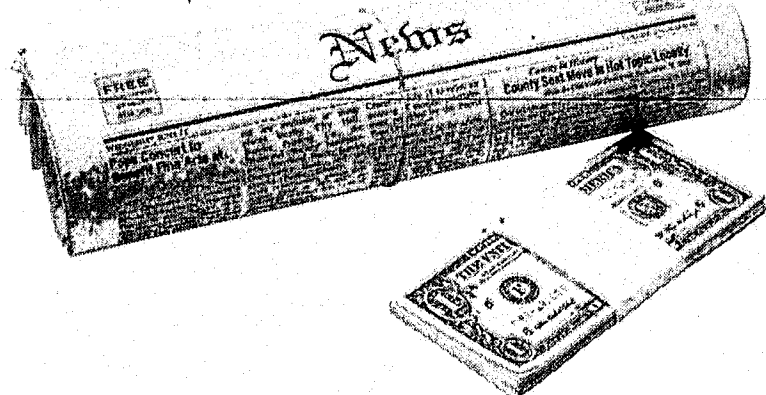
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Paris Cape REALTY

 MLS 1101525 Greenwood. Cozy farmhouse style getaway used for 1798 wonderful home overlooking many years as a retreat in the hills. Nice addition w/master bedrm. 1 ed by other well cared for historic car in attached barn. Lovely hidden 2.8ac. landscaped lot w/brook running through. Hear the nearby river running from the porch. Rural but convenient.	 MLS 1109006 Waterford. Circa 1798 wonderful home overlooking the village commons and surround. Minutes to walk to Library, Keoka Lake Town Beach or walk Mt. Tiram. Spacious home with lovely screened porch to village scenes. Very special!	 MLS 1125999 Stoneham. Lovely year round mountainside home with fabulous views to mountains and over beautiful Keewaydin Lake. Immaculate and ready to use. Many custom/special details. Finished basement. Town lake access, National Forest are nearby and North Conway a quick drive. 10.09 acres.
\$112,000	NOW \$229,000	\$274,900

REAL ESTATE AD DEADLINE: FRIDAY AT NOON

CommunityConcepts

Community Concepts' Children's Services Department has openings at our Riley Early Learning Center (ELC) in South Paris.

Early Head Start Home Visitor works with families with young children birth to age three and expectant parents, delivering developmentally appropriate activities by partnering with parents to utilize their teaching and parenting skills within the home environment; monitor children's progress; partner with families to establish a source of continuous, accessible, coordinated health and dental care. Other responsibilities include completing paperwork and reports, and maintaining records and data on individual children. This position is 40 hours/week, 52 weeks/year. Travel throughout the Oxford Hills area is required.

To Qualify: Associates Degree in Social Work, Early Childhood Education or related field is required. A minimum of two years home visiting experience, preferred.

Infant Toddler Specialist/Home Visitor works with families of young children, birth to age three, and expectant parents. The Infant Toddler Specialist/Home Visitor's primary responsibility is to ensure quality programming by designing and participating in delivering developmentally appropriate classroom activities. Additional, home visiting responsibilities are to partner with parents to utilize their teaching and parenting skills within the home environment; partner with families to establish a source of continuous, accessible, coordinated health and dental care. Other responsibilities include completing paperwork and reports, and maintaining records and data on individual children. The full time position is 38-40 hours/week, 52 weeks/year. Travel throughout the Oxford Hills area is required.

To Qualify: Associate's Degree in Early Childhood Education or closely related field is required; a Bachelor's Degree in Early Childhood Education or a closely related field is preferred; experience in an early childhood setting is required.

Other Qualifications for Both Positions: Criminal (SBI), Child Protective (DHHS) and DMV background checks must be completed prior to hire; physical exam and TB screening are completed upon hire; valid driver's license and vehicle with liability insurance, and a telephone are required. Must obtain and maintain current CPR/First Aid certifications.

Community Concepts offers a comprehensive benefits package. For more information or to view a copy of the job descriptions, go to our website at www.community-concepts.org. For specific information about the job, call Kathie Thompson at 739-6582 or email ktompson@community-concepts.org.

To Apply: Interested, qualified applicants must submit a cover letter, resume, and Community Concepts' Application for Employment (available at our business sites or on our website). Incomplete applications will not be accepted.

Send all 3 required items to:

Community Concepts, Inc.
Attn: Barbara Bishop, Human Resources
240 Bates St., Lewiston ME 04240

Community Concepts, Inc. is an Equal Opportunity Employer. Please request any necessary accommodations to participate in the application process.

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HELP WANTED

GOULD ACADEMY BUSINESS OFFICE

Gould Academy has a full-time position starting July 1st in the business office.

The Academy is willing to train for this position. However, preference will be given to applicants with strong personal skills, the ability to multi-task and work in a multi-faceted environment, and with demonstrated skills in one or more of the following areas: accounts payable, bookkeeping, spreadsheets, and word processing.

Benefits Included

Interested applicants should send a cover letter and resume by May 15th to

Business Office
Gould Academy
PO Box 860
Bethel, ME 04217

Or via email to business@gouldacademy.org

No phone calls or Walk-Ins Please

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Applicants may also call 207-665-2717 or email thedavid3127@gmail.com

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2014

Family fun May 10

Three events are happening in Rumford on Saturday, May 10, with free shuttle bus transportation to all of the activities. Start the day at Hope Association's Spring Craft Fair that is being held at the What Not Shop-Thrift Store and Briar Patch on Lincoln Avenue from 9 a.m. to 2 p.m. Events and activities include raffles, a Chinese auction, jewelry, crafts, make your own sundae, face painting and tattoos, a petting zoo, The Snake Man and a car wash. The proceeds from all of these activities support the Special Olympics.

Mountain Valley Kids Festival is sponsored by the Rumford Falls Eagles from 10 a.m. to 5 p.m. at 129 Rumford Avenue. There will be a bicycle safety rodeo, ATV safety, a bounce tent, a maze tent, games, balloons, prizes and more face painting. Noel and Don will provide entertainment between 1:30 to 4:30 p.m. followed by a baked bean and ham supper from 5-7 and the Flannel and Jeans Lumberjack Hoedown with entertainment provided by Backlash. All proceeds from the Festival will support the participating youth groups.

Come on downtown to the Paul Bunyan Lumberjack Festival on Congress Street which is a full day of events, contests, entertainment and food to celebrate Rumford's wood products heritage. The Festival begins with breakfast at the American Legion from 8-9:30 a.m. followed by the Lumberjack Parade and contests galore—Paul Bunyan and Lucette look-alike contests, crosscut saw competition, ax throw, arm wrestling, pie eating contest and pie throwing. Kids can create their own tall tales as well as listen to tall tales, ride in a horse drawn wagon, observe logging equipment displays and chain saw carving, and listen to Paul Bunyan and the Lumberjacks. The Festival is the second annual Lumberjack Festival sponsored by EnvisionRumford, whose mission is to explore and implement ideas for increasing business on the Island and strengthening it as a place to do business and be in business.

Births

Margot Adventure

Keith and Vera Clanton and their daughter Vivienne of San Jose, Calif., are very happy to welcome a new baby girl into their family.

Margot Adventure was born on March 29, 2014, weighing 7 pounds 2 ounces.

Paternal grandparents are Norm and Sylvia Clanton of Newry.

Maternal grandparents are Rena van den Hart of Claremont, Calif. and Jake Harder of Independence, Mo.

Gavyn Miles Skinner

Brittany Millett and Christopher Skinner of Waterford are pleased to announce the arrival of a baby boy, Gavyn Miles Skinner, born on April 21, 2014 at 5:09 a.m. at Stephens Memorial Hospital, weighing 8 pounds 15 ounces.

Maternal grandmother is Buffy Millett of Waterford. Paternal grandparents are Lynda Cary and John Skinner of West Paris. Gavyn joins a brother, Trever Millett, age 1.

Workshop on Visit Maine Website

On Wednesday, May 21, there will be two workshops for businesses in the hospitality and tourism industry to learn how the Maine Office of Tourism's website, VisitMaine.com, is a free and easy promotional tool to connect with millions of visitors. One workshop is in the morning in Bethel and the other is in the afternoon in South Paris.

The morning workshop is the feature of the Bethel Area Chamber of Commerce's monthly Networking Breakfast that is being held at Camp in the Grand Summit Hotel at Sunday River Resort.

The Networking Breakfast begins at 7:30 a.m. with breakfast followed by the workshop from 8:15 to 9:15 a.m. The afternoon workshop will be at Community Concepts, 17 Market Square, South Paris, 1:30 to 3 p.m., and is being sponsored by the Oxford Hills Chamber of Commerce.

In 2013, 28.9 million visitors came to Maine and more than 25 percent of them used VisitMaine.com to help plan their trip.

Workshop attendees will learn about the new VisitMaine.com features and how to create a business listing on the website that includes photos, maps, packages, itineraries, and video links and posting deals and events. They will also learn about the MOT's national and international marketing campaigns.

The presenters for this workshop are Greg Gadberry and Steve Lyons from the Maine Office of Tourism. Steve is the Director of Marketing for MOT and Greg oversees MOT's web resources.

Contact Julia Reuter to register for the Bethel workshop at Julia@bethelmaine.com or 207-824-2282. The fee to attend the Breakfast is \$10. Please contact Mia Purcell to register for the South Paris workshop at mpurcell@community-concepts.org or 207-739-6543.

This workshop is part of the Maine Woods Tourism Training Initiative – a project of the Maine Woods Consortium in partnership with the Western Maine Economic Development Council. To find out more about the Maine Woods Tourism Training Initiative and other Maine Woods tourism initiatives, please visit www.MaineWoodsConsortium.org.

Obituaries



ROBERT C. JOHNSON

Robert C. (Bob) Johnson, 77, of West Paris, was peacefully sleeping and unexpectedly went to join the others in heaven on Saturday, April 26, 2014.

He was born in Dixfield, Dec. 23, 1936, the son of Clare and Blanche Candage Johnson. They moved around a lot but always came back to this area. At nine years old he had the

old fashioned measles. He had post encephalitis which is brain damage due to having a high fever during the measles. He shook uncontrollably and in 1963 he had experimental brain surgery. It helped a lot so then he had the other side done and they hit a speech nerve. The shaking eased but it was hard for him to talk.

He married Brenda Nash in 1956, they had a son John. In 1961 he met and married Sylvia Hammond. She had three girls and he came to be one of the best things that ever happened to us. They continued to move all over the area and after she passed he moved into a home beside Dennis and Nancy Henderson at Trap Corner, and John and Cindy lived one mile away. Bob will be sadly missed by his close friend Joanne

Kimball, children, grandchildren, great-grandchildren, several great-grandchildren and by his passengers from Community Concepts, as well as his brother George and his wife Shirley and several nieces and nephews. Online condolences may be shared with his family at www.chandlerfunerals.com.

Family and friends may attend memorial services Sunday, May 4 at 2 p.m. at the Chandler Funeral Home and Cremation Service, 45 Main Street, South Paris with interment to follow at Maple Grove Cemetery, Hartford. In lieu of flowers those wishing may make donations in his memory to Oxford Hills Project Graduation, 256 Main Street, South Paris, Maine 04281.

Celladore

'Was It All Worth It?'

I went for a long snowshoe walk on a cold March morning. The sun came up, hotter and hotter. It was hard traveling coming back, each step was like lifting a heavy weight, a rest stop was needed often. I dropped back against a tall hemlock, shut my eyes and panted. Recovered, opened my eyes, and looked over a café au lait colored tapestry of young beech leaves, up through the lacy black hemlock needles, higher over the crown of a pine to a shaft of sky. I felt I was back in the nave of Chartres Cathedral, seeing again that fabulous blue glass.

I think of the isolation of the first big snowstorm of the year, snug inside with wood, water, and food, hay and bedding in the barn...of getting up on a cold January morning at five o'clock to make a duty trip to Portland for a friend, of breakfast by candlelight, of leaving the house and looking up at the stars, of watching the smoke from the chimney curling up as we entered the woods and left the open fields behind...of autumn riding over opal-dazzled trails...of a Thanksgiving morning awaking to the sound of rain which went on for three days and raised the level of our well to a safe height...of a December evening when the northern lights streaked over the sky in brilliant shades of rose, blue and green...of a bit of communion with a kindred spirit when Walter C. appeared one morning and had breakfast with us, eating two quarts of perfect strawberries just picked from his garden, of watching him stop and yank out a weed here and there as he looked over our crops, of him standing in frozen silence listening to the song of a hermit thrush...of B.B. coming in with a surprise of the second Thonet chair completely refinished when I didn't know that he had even started to work on it...of B.B. calling me for breakfast one early May day, leading me to the barn floor where sunlight had made it cozy warm. He had fixed a table there and we ate with Kristie smiling at us over the edge of her stall door...of real conversations when friends from faraway come for a visit...of walking to Swan Hill in March with Isabel, wading through deep snow at the end of the road, of sitting on a big rock in sunlight not enough for us to take off and dry our wet clothing...of B.B. calling through an April drizzle for me to come and see the wild geese flying so low they almost touched the treetops, circling over the ledges looking for a place to land...of looking at Saddle Back Mountain and remembering my climb with Nancie up a very steep trail, a short decline, another steep climb and the top not reached until midafternoon, an area of spring moss, rocks, wild cranberries, a bit of thunder and rain, mists swirling about. We were glad to be back in the woods and down another steep trail, finally to the cascades and flume of Frye Brook and sunshine again. We rested, dangling our feet in the water...of our first fall here and looking from the bedroom window and for the first time seeing the valley covered with mist, with the mountain tops like islands in the sea...of walking on the crust and finding the old county road from Chandler Hill...of B.B. finding a stump covered with Armillaria Mellea just burst into life, of his taking off his shirt to bring them home, their peak flavor when eaten...of...

Was it all worthwhile? Would a different life have been better? Who knows? I only know that when fate takes me to a different land that I shall carry with me the secret learned here of more zestful living.

(This concludes the "Celladore" series by Becky Bailey)

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Dana Chandler, Director

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Notice of Public Hearing May 6, 2014 Town of Woodstock

The Woodstock Planning Board will be holding a Public Hearing on Tuesday May 6, 2014 @ 7:00 PM to share information and take comments on a Site Plan Review Application from the University of Maine 4-H Camp and Learning Center at Bryant Pond. The Public Hearing will be held at the Conference Room at the Woodstock Town Office.

A full copy of the application and accompanying maps are available at the Woodstock Town Office for full inspection.

Woodstock Planning Board

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Ladies Spring Luncheon "Under His Wings"

Saturday, May 3
at 12:30pm

Please join us for good food, fellowship, and fun!

Reservations are encouraged, but not necessary.
FMI Call 836-3006

Pleasant Valley
Bible Church
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Notice to GREENWOOD and WOODSTOCK Residents

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Tel: 461-6050/674-2208
E-Mail: cliffmimigray@gmail.com

Retirement Party for

DON HOYT

Woodstock Fire Station
Saturday, May 3 • 1-3 pm

Bring Cards &
Share Memories!

Thank You

The family of Ruel Swain want to say thank you to Pastor Dave for keeping it short but sweet, Debbie Luxton for the beautiful song with John Holladay on Piano, Jewel Clark for her rendition of Marty Stuart and Merle Haggard's "Farmers Blues", Debbie and the ladies of Pleasant Valley Bible Church, and to everyone who helped either with the cooking, serving, or cleaning up for the gathering after the funeral.

To everyone who sent cards, notes or flowers, Maine Energy and Golf for the beautiful fruit basket, Carol at Pooh Corner Farm and Greenhouse for the "personal touch" with all the flower arrangements with the "Ruel" theme. To Chandler Funeral Home for all the compassion and caring they have showed us. Dana, Drew, and Liz are very special people.

Also, in our first thank you we left out Heidi, Penny, Sheila, and Becky for their special care, and Androsoggin Home Health and Hospice for all they have done to make Ruel's last days comfortable. We will be having Ruel's Burial Service on May 31st at 2 PM at the West Bethel Cemetery on Route 2, West Bethel.

The Swain Family

The annual meeting of the Hunts Corner Cemetery Association will be held May 2 at 6 pm at the home of Edna York.

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ATTENTION WOODSTOCK/BRYANT POND CEMETERY LOT OWNERS

Cemetery Clean-up is underway. In our efforts to keep our cemeteries as neat and well maintained as possible, we are requesting that any faded, wilted or dying flowers, wreaths or shrubbery be removed from any Woodstock/Bryant Pond Cemetery on or before May 13, 2014. Any remaining items of this nature will be removed by the caretakers prior to Memorial Day. Thank you for helping us with this annual chore.

Woodstock Cemetery Caretakers

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